

Welcome to

# Amen Clinics, Inc.



**The enclosed packet contains information regarding your upcoming visit to the Amen Clinic located in Costa Mesa, CA.**

**Please review this information prior to your first appointment.**



**“Change Your Brain, Change Your Life”**

## **Directions and Area Information**

Amen Clinics, Inc.  
3150 Bristol Street, Suite 400  
Costa Mesa, CA 92626  
949.266.3700 (office)  
949.266.3750 (fax)

### **From John Wayne Airport:**

Exit the airport turning left on MacArthur Blvd  
Merge onto 405 N towards Long Beach  
Exit Bristol Street and turn Left  
Make a U Turn on Hotel Way  
Make your first possible Right  
Turn Left into the building driveway

### **From Los Angeles International Airport:**

Exit the airport on S. Sepulveda and take the 105 E to the 405 S  
Take the 405 S  
Exit Bristol  
Turn Right on Bristol  
Make a U Turn on Hotel Way  
Make your first possible Right  
Turn Left into the building driveway

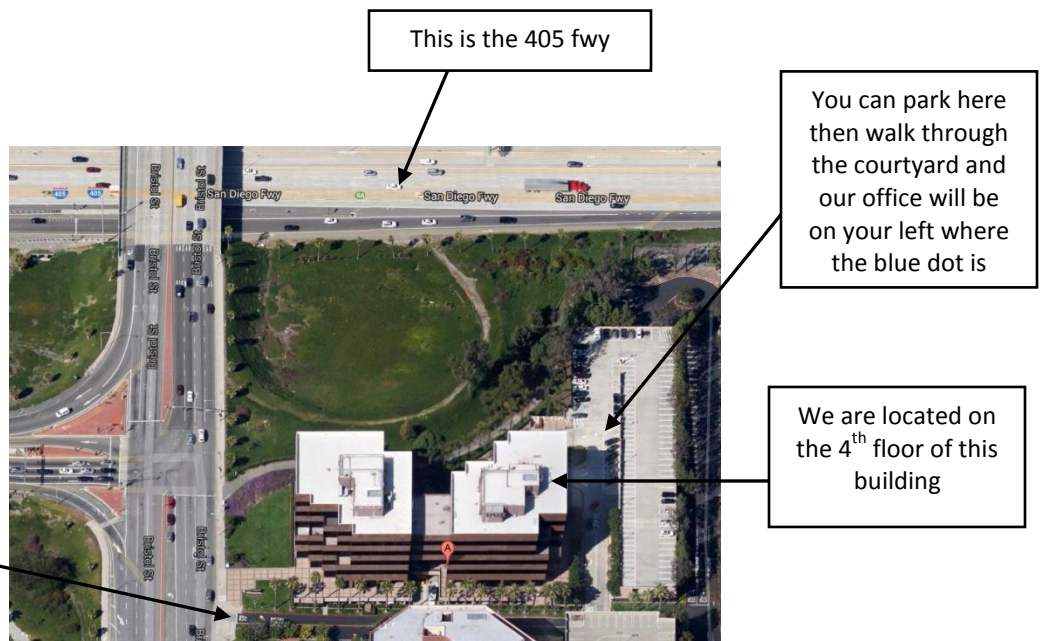
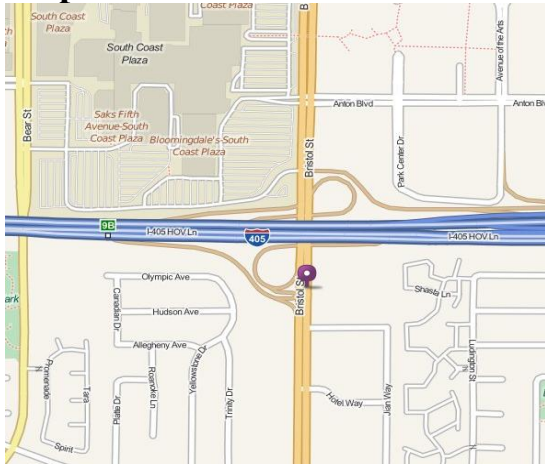
### **From San Diego Area:**

Take the 5 N to the 405 N  
Exit Bristol Street and turn Left  
Make a U Turn on Hotel Way  
Make your first possible Right  
Turn Left into the building driveway

### **From North Orange County or Riverside Area/91 Freeway:**

Take the 55 S to the 405 N  
Exit Bristol  
Turn Right on Bristol  
Make a U Turn on Hotel Way  
Make your first possible Right  
Turn Left into the building driveway

## Map



## Hotel Information

**Crowne Plaza -0.10 miles from clinic**

3131 S Bristol Street, Costa Mesa  
714.577.3000 \$115/night

**Extra Service: Shuttle to and from the clinic, to and from the airport and anywhere within a 5 mile radius. Complimentary breakfast, free parking.**

**Hilton Orange County -.10 miles from clinic**

3050 Bristol Street, Costa Mesa  
714.540-7000 \$139/night

**Extra Service: Shuttle to and from the clinic, the airport and South Coast Plaza. Complimentary breakfast**  
**If booking online use our corporate ID# 2743638**

**Ayres Hotels and Suites -1.68 miles from clinic**

325 Bristol Street, Costa Mesa  
714.429.9372 \$119/night

**Extra Service: Shuttle to and from the clinic, to and from the airport and anywhere within a 6 mile radius. Complimentary breakfast.**

**Travelodge -1.50 miles from clinic**

1400 SE Bristol Street, Santa Ana  
714.557.8700 \$59/night single \$69/night double  
**Extra Service: Complimentary breakfast. Free Wi-Fi. Shuttle to and from the clinic and the airport.**