

A close-up photograph of a snail with a brown and orange shell and a pinkish-brown body, moving across a vibrant green, textured leaf. The background is a soft-focus green, suggesting a natural outdoor setting. The text is overlaid on the image in a white, serif font with a slight shadow effect.

Professor Otto Warburg

*“A cell that has not been starved of oxygen
and has pH balance cannot become infected with cancer!”*

How To Cure Cancer

Awareness Protects, Ignorance Endangers!

*“A cell that has not been starved of oxygen
and has pH balance cannot become infected with cancer!”*

Professor Otto Warburg

How To Cure Cancer

All truth passes through three stages: First, it is ridiculed.

Second, it is violently opposed. Third, it is accepted as self-evident.

[*http://www.youtube.com/watch?v=HQuODiMIUsc*](http://www.youtube.com/watch?v=HQuODiMIUsc)

[*http://www.youtube.com/watch?v=DgbdNNfotwM*](http://www.youtube.com/watch?v=DgbdNNfotwM)

[*http://www.youtube.com/watch?v=gWLrfNJICeM*](http://www.youtube.com/watch?v=gWLrfNJICeM)

This e- book is available FREE of charge from:

bookofkindness@gmail.com

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"Almost no one dies from cancer anymore; chemotherapy kills us. Of course, doing nothing will eventually kill. But that is not what most are dying from. Cancer takes years to develop (usually seven before there was a visible tumor, which is in fact the body's attempt to save the organism's life by storing away the toxins that would otherwise kill a person)." Dr. L. Coldwell

The Cancer Industry is not interested in curing patients. Their rate of recovery is only 2 percent. / Page 54

Introduction

Every year, approximately 38% of Americans will get cancer (at the turn of the century it was 3%). By the end of the next century, it will be 100%! Diabetes has risen 400% in 20 years. Alzheimer's now strikes 50% of people over the age of 70. Sixty years ago it did not exist. We are losing the war against disease; it's time for a change! Cancer cannot live in an oxygen rich pH balanced cell.

There is something you can do to prevent degenerative disease. Think about it, Americans eat the same six or so foods everyday, day in and day out. Wheat, yeast, eggs, sugar, in some form soy, dairy, and beef. When you think of nature's abundance, how can this be variety? "Overindulgence in protein, fat and sugar leads to most long term diseases including cancer, heart disease, diabetes, circulatory and liver problems." Robert O. Young, Ph.D., D.Sc.

"I see a world without sickness... a world in complete harmony and in perfect physical, mental and spiritual balance by following nature's laws of cause and effect." Ann Wigmore

What cancer cannot do: It cannot cripple love, or hope, or corrode faith, or destroy peace, or kill friendship, or suppress memories, or silence courage, or invade the soul, or steal our kindness, or conquer our Spirit.

Professor Otto Warburg

Professor Otto Warburg won the Nobel Prize in 1931 for proving that cancer cannot live in a cell rich in oxygen and with a balanced pH. He writes,

"Nobody today can say that one does not know what cancer and its prime cause is. On the contrary, there is no disease whose prime cause is better known, so that today ignorance is no longer an excuse that one cannot do more about prevention."/> See Appendix

Otto Warburg won his first Nobel Prize in 1931 for the oxygen transferring enzyme of cell respiration and his second Nobel Prize in 1944 for his discovery of the hydrogen transferring enzyme. His discoveries are quoted as follows:

“But, even for cancer there is only one primary cause. Summarized in a few words, the cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar.” Because no cancer cell exists, the respiration of which is intact, it cannot be disputed that cancer could be prevented if the respiration of the body cells would be kept intact.” www.prostate90.com/sci_papers/warburg.html

A Simple Explanation of Cancer

“Our body cells are surrounded by fluids which should be slightly alkaline in order to sustain life.”

If the condition of our extracellular fluids, especially the blood, becomes acidic, our physical condition will first manifest tiredness, proneness to catching colds, etc. When these fluids become more acidic, our condition then manifests pains and suffering such as headache, chest pain, stomachache, etc. If the blood develops a more acidic condition, then our body inevitably deposits these excess acidic substances in some area of the body such so that the blood will be able to maintain an alkaline condition.

As this tendency continues, such areas increase in acidity and some cells die; then these dead cells themselves turn into acids. However, some other cells may adapt in that environment. In other words, instead of dying – as normal cells do in an acid environment – some cells survive by becoming abnormal cells. These abnormal cells are called malignant cells. Malignant cells do not correspond with brain function nor with our own DNA memory code. Therefore, malignant cells grow indefinitely and without order. This is cancer. *Dr. Keiichi Morishita. Hidden Truth of Cancer.*

Alternative Cancer Healing Centers / www.anoasisofhealing.com / Arizona

The Gerson's Institute

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Natural Cures Newsletter

*Written by
Kevin Trudeau*

The fraudulent “war on cancer” has been a dismal failure. It has been reported that you have a higher chance of getting cancer today than you did in 1950. With the billions of dollars put into research and development of cancer treatments, the fact remains that if you are diagnosed with cancer today you have about the same chance of dying of that cancer that you did in 1950! You are being lied to and misled about the true effectiveness of the standard treatments used on cancer patients. Chemotherapy, drugs, surgery, and radiation are the most profitable health industry services and products on planet earth. More money is made in the form of profits in the treatment of cancer than any other disease. The business of cancer is enormous and beyond most people’s comprehension.

Remember, if every person stopped developing cancer and cancer was eradicated, trillions of dollars would be lost! If we prevented cancer so that no one came down with cancer anymore, trillions of dollars would be lost! The causes of cancer are known at the highest levels of the health industry, and this information is being suppressed and hidden from the American public. This is exactly the same situation that occurred with big tobacco and with Ford and General Motors. Big tobacco knew as early as 1950 that their product caused cancer and disease. They lied about this to the American public, and even in congressional hearings. They hid the truth. If people became aware of the true causes of cancer, then cancers could be virtually eradicated in over 90 percent of the cases.

This is something that the medical cartels do not want to happen. Trillions of dollars in profits would be lost!

Kevin Trudeau

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Our pH Level

Human blood pH should be slightly alkaline, ranging from

7.35 to 7.45

To maintain that constant 7.35 to 7.45 the body will pull calcium from the bones and magnesium from muscles. In fact, sodium, potassium, calcium and magnesium are the minerals of choice, because they are best suited for neutralizing the excess acids. It is normal for our body to create these acids. The problem of acidity only occurs when there is too much acid for our system to handle and get ride of through normal means (our lymphatic/immune system). If the blood cannot balance it's pH level from an acid overload, it will neutralize what it can and dump the rest. This is what makes our urine and saliva acid. If we are not drinking enough alkaline fluids and not exercising to remove acidic toxins from our body, the resulting acidity is recirculated back into the system.

By doing so, we have created an even greater overload for the next day. After enough years of toxic build-up, the breakdown of tissues and the onset of disease appears. Everyone's genetic biological clock is different. We all have a predisposition for certain ailments. Keep in mind, if we have stressed our body by having smoked cigarettes for 40+ years, or have a daily six cups of coffee or soft drink habit, eat "junk foods" and sugars and carbs and never exercise... don't expect your pH reading to turn around with a salad. Food and drink are not the only factors. Equally important are stress levels, exercise, toxic thoughts and environments, both internal and external. Many factors influence our health and eventually, if ignored, take their toll.

The ratio of alkalizing foods needed to balance out healthy acid forming foods is around 4 to 1, but when you eat and drink toxic foods, the ratio becomes even greater: The average human body contains roughly ten gallons of water at a pH of 7.365. One eight ounce glass of a highly acid-forming beverage, such as coffee or cola, added to these ten gallons of water, can bring the overall pH of the body fluids down to 4.6. Healthy acid-forming foods should be decreased to 20 % of the total diet. Alkalizing foods such as leafy greens vegetables and avocados should be increased to 80 % of your total diet. Avoid artificial sweeteners, white sugar, coffee, soft drinks, corn sweetener and junk food. It isn't just foods that make us acid. Most

prescription medications and over-the-counter drugs may be highly acid as well. Recreational drugs and alcohol are also acid-forming. Just as Toxic Thoughts are Acid so are Overwork, Anger, Fear, Jealousy and Stress. To become more Alkaline instead try Positive Thought, Prayer, Peace, Kindness and Love.

Always drink plenty of water from a pure source. However, try not to drink with a meal or within 20 minutes before or after. (Water with a meal diluting digestive enzymes.) Cola beverages have a pH of 2.8. It takes 32-8 oz. glasses of water at 7.0 to neutralize the acid from one 8 oz. cola! When you drink cola, the body will use its own buffers to correct the imbalance.

The Effects of Acidity

The human body must maintain the bloodstream in the 7.35 to 7.45 range. In the face of excess acid, your body will leach the calcium right out of its bones to buffer the acid. Why? In order to keep the bloodstream within its narrow and crucial margins, not only for health, but also for life itself. Your body will also deplete its potassium reserves to neutralize excess acid. You lose these precious minerals. Nutrients from your foods cannot be absorbed, nor can the supplements you take be utilized in an acid environment. Eventually, the cells of your body become saturated with acid, or if you are running alkaline, parasites and bacteria are allowed to flourish. Soon the stage is set for disease. Tired. Depleted. Nervous. People complain of muscle aches and pains. Indigestion and acid stomach are common complaints. Constipation and bloating are frequent. Urine may be burning.

More cavities may develop. People even complain of their gold jewelry turning green against their skin. What people can't feel are their bones getting brittle from calcium and mineral depletion. They can't feel their cells starving for oxygen in an acid medium, nor the stress it puts on the liver and pancreas that needs an alkaline medium in order to function best. Minerals determine the alkalinity of the blood not water: Water (or any fluid for that matter) must contain alkalizing minerals in order to correct an acid overload occurring in the body fluids. Mineral rich fluids take a great deal of stress off of tissues working to balance a toxic overload. When choosing a beverage, make sure it will be alkalizing and hydrating. Unnecessary sugars, artificial ingredients and preservatives will only worsen an acid condition.

The sugars in dairy will create lactic acid. All carbonated beverages will create carbonic acid, and Vinegar will create acetic acid as will any grain allowed to ferment in the intestinal tract.

Are you Acidic?

Dr. Steve Shapiro

There are too many symptoms of acidic fluids in the human body, but here are a few:

1) The quickest symptom to notice is indigestion... this is the first warning bell that should tell you that there is a problem.

Most proteins require an acid stomach to complete digestion – this can cause great amounts of acid to be used in order to move digestion along.

2) Usually after indigestion, you will notice a headache ... many times these symptoms appear together.

3) Almost immediately, you will notice a runny nose – mucus... this is most noticeable after consuming acid forming foods. Sinus problems are always due to acid in the body.

4) Burning urination... which is always accompanied by skin problems

5) Blurry vision - the eyes swim in fluid.. acid fluid will change the abilities of the eyes.

6) Aching joints, thin bones, & tooth problems - in order not to burn holes in your soft tissue from acid foods, the bones release calcium to help neutralize bodily fluids.

7) Infections will not easily go away on their own when the pH of the body is too low.

Taking antibiotics only destroys the flora in the gut so digestion will be impaired.

Testing your PH

There many other symptoms of low pH and of a pH that is too high. The only way to know for sure is to obtain litmus pH test paper. It is inexpensive and will let you know your ph immediately by simply urinating on a pH strip. These are available at most health food stores or online at the following:

www.vitaminlife.com / www.amazon.com / www.swansonvitamins.com

Adjusting your PH

As mentioned in this chapter, baking soda is the quickest and easiest way to raise your pH. By first testing your pH with the pH test strips, you can monitor your pH, then if you need to raise your pH, you can either make baking soda capsules or by dissolving baking soda in water and drinking. The taste of the baking soda might be discouraging, so you may want to place the baking soda in capsules. The best way to start any new health regimen is go slowly, so start with 1 capsule of baking soda between meals (with a large glass of water), wait an hour and test your pH. If the pH is still low, wait at least an hour till after your next meal and repeat the process. There is a complex pH balance in your body, as there are many factors affecting your body's pH. Note: taking too many capsules at once can throw you into a healing crisis ... go slowly.

Baking Soda Capsules

This is easy to do, but you will need 2 items: Capsules and a Capsule Machine. 300 Empty capsules are under \$10 and a capsule machine (this is more of a capsule holder than a machine) will cost about \$15. You should be able to make 50 capsules of baking soda in about 15 minutes. These items are available at local health food stores or on line. Bobs Red Mill Baking Soda is the only aluminum free and available at:

www.amazon.com and at many health food stores or online.

How to Cure Cancer

Dr. Rudolf Breuss

From the Book: "Advice for the prevention and natural treatment of numerous diseases, cancer, leukemia, other seemingly incurable diseases"
Available: Walter Margreiter, Im Hag 23, A-6714 Nuziders, Austria

Total Cancer Treatment

Throughout this treatment you are not allowed to eat anything for 42 days, other than vegetable juices and the teas recommended only in the amounts stated. The juices can be drunk as much as required or until you are no longer hungry, though not more than 1/2 liter per day. (The less you drink the better). It is possible, and sometimes better, to make this juice yourself. Make sure to find organically grown vegetables.

Juice Mixture: You take 3/5 beet root, 1/5 carrots, 1/5 celery and add a little radish and an egg sized potato. For example, you take 300g beet root, 100g carrots, and 100g celery and approximately 30g radish. It is not important to have the potato. Instead of the potato, you can also drink a cup of potato peel tea per day. Take a handful of potato peelings in 2 cupfuls of water and cook for 2 to 4 minutes. If the tea doesn't taste good then your stomach will not need it therefore you must not drink it. Press these various vegetables after that put the juice through a sea sieve or a linen towel, add a teaspoon of salt for every 1/4 liter juice.

The cancer lives only from solid foods eaten by the humans. So if for 42 days you only drink vegetable juices and tea, the cancerous swelling dies and at the same time the person still lives. You may, during this time, loose 5 to 15 kg, but you will feel well during this period. I myself have tried this treatment even though I didn't work during the course. It is better, if, a few days before starting this treatment, you drink approximately 1/4 liter per day so that you get used to the juice. To be alive you only need to drink 1/8 to 1/4 liter per day, you may go up to 1/2 liter, but do not have to. Drink it slowly with a spoon, do not swallow it straight away. Every now and again you may have a mouthful of Sauerkraut Juice should any patients fancy it. (page 44-48)

How to Follow the Total Cancer Treatment

Those who follow my “Cancer Treatment” (vegetable juice with tea) correctly will not lose much weight. The proper way:

Early morning, firstly drink half a cup of kidney tea, slowly and cold.

30 to 60 minutes later 1-2 cups of warm sage with red current (St. John's Wort) peppermint and balm tea.

Once again, after 30-60 minutes take a small mouthful of juice and do not swallow it straight away, therefore salivate it.

After 15 to 30 minutes later, take small amount of vegetable juice.

At dinner time, you need to take the juice approximately 10-15 times.

Therefore, only drink small amounts of the juice when you feel like some.

In between sage tea, which can be drunk cold and as much as you want, but during this treatment do not put any sugar into the tea.

In the afternoon, drink another 1/6 liter (1/2 a cup) of kidney tea and also in the evening before going to bed.

Only drink the kidney tea for the first three weeks!

In the afternoons, you will therefore often need a mouthful of the juice.

You are allowed up to 1/2 liter per day, but do not have to drink that amount!

I must warn you that the vegetable juice, must be taken with the teas, only take it by the mouthful and mix it with your saliva real good.

A Must-do Enemas - Dr. Max Gerson

Written by Dr. Max Gerson, Cancer Therapy (page 190-193)

*www.gerson.org or 1-888-4Gerson / **The Beautiful Truth** / Movie*

<http://www.youtube.com/watch?v=vwzDHGLEUyw&wide=1>

Inasmuch as the detoxification of the body is of the greatest importance, especially in the beginning, it is absolutely necessary to administer frequent enemas, day and night (on the average, we give coffee enemas every four hours, day and night). Enemas also help against spasms, precordial pain and difficulties resulting from the sudden withdrawal of all intoxicating sedation. On the average, every other day, we give two tablespoons of castor oil by mouth, followed by a cup of black coffee, and, five hours later, a castor oil enema, in addition to the coffee enemas, without interrupting their frequency. Difficult as this may be to believe, experience has proved that frequent enemas completely eliminate the need for sedation.

Some patients take enemas every two hours, or even more frequently, during the first days of the treatment. More advanced cases are severely intoxicated and the absorption of the tumor masses, glands, etc., intoxicates them even more; many years ago, I lost several patients by coma hepaticum, since I did not know, and therefore neglected, the vital importance of frequent and regularly continued elimination of poisonous substances, with the help of juices, enemas, etc. To make enemas most effective, the patient should lie on his right side, with both legs drawn close to the abdomen, and breathe deeply in order to suck the greatest amount of fluid into all parts of the colon. The fluid should be retained 10 to 15 minutes.

Our experiments have shown that after 10 to 12 minutes almost all caffeine is absorbed from the fluid. It goes through the hemorrhoidal veins directly into the portal veins and into the liver. Patients have to know that the coffee enemas are not given for the function of the intestines, but for the stimulation of the liver. According to the experiments of Professor O.E. Meyer and Professor Heubner of the University of Goettingen, Germany, it is not certain whether the caffeine stimulates the liver cells directly or indirectly through the visceral nervous system. In any case, the effect is an increased production of bile, an opening of the bile ducts and greater flow of bile. At

the start of the treatment and during “flare-ups,” the bile contains poisons, produces spasms in the duodenum and small intestines, and causes some overflow into the stomach, with resultant feeling of nausea or even vomiting of bile. In these cases, great amounts of peppermint tea are necessary to wash out bile from the stomach. Therefore, patients feel much easier and more comfortable.

The practice of the therapy consists mainly of the following components:

1. Fast and far - reaching detoxification of the whole body is the basis of the treatment.
2. Help the restoration of the various metabolic functions inside and outside of the digestive tract (enteral and parenteral digestion).
3. Enable the digestion of cancer masses and cells through the purified blood stream—their absorption and elimination.
4. Restoration of the cancer destructions and recovery of the essential organs, especially the liver.
5. If the liver and digestive tract are not entirely restorable, continuation of the diet is necessary partly or completely to prevent recurrences as far as possible.

The Most Affective Cancer Healing Juice

Wheatgrass juice is a highly nutritious food. It is high in vitamins A and E, as well as the B vitamins. It contains many minerals and trace elements needed by the body. It contains Calcium, Phosphorus, Sodium, Potassium, Magnesium, Iron and Zinc. It also contains twelve amino acids, including the seven essential amino acids. It is important to note that enzymes such as Amylase, Protease and Lipase were not detected in this laboratory analysis. Wheatgrass juice is considered a predigested food. It does not require enzymes for breakdown of proteins. Both amino acids and glucose are present in the juice and are, therefore, readily assimilated by the body.

The wheatgrass juice is rich in Chlorophyll. The molecular structure of the Chlorophyll is very similar to that of Hemoglobin in blood. The difference between Hemoglobin and Chlorophyll is that the central atom in Hemoglobin contains Iron, whereas, the central atom of Chlorophyll contains Magnesium.

It is the Iron in wheatgrass juice which helps the blood carries healing Oxygen to all the cells. Wheatgrass juice also aids in detoxification by breaking up impacted matter in the colon. It is a valuable tool in the bodies' natural self-healing, because it helps fight infection.

Sunflower and buckwheat greens, collectively referred to as “the greens”, are valuable sources of enzymes and amino acids. They are high in vitamin D, as well as Chlorophyll and Lecithin. They are low in fat and contain no starch, so the body does not have to spend much energy to digest them. They are also, therefore, an efficient energy source.

Benefits of Wheatgrass

Chlorophyll is the first product of light and therefore contains more light energy than any other element.

Wheatgrass juice is a crude chlorophyll and can be taken orally & as colon implant without toxic side effects. Chlorophyll is the basic of all plant life. Wheatgrass is high in oxygen like all green plants that contain chlorophyll. The brain and all body tissues function at an optimal level in a highly-oxygenated environment. Chlorophyll is antibacterial and can be used inside and outside the body as a healer.

Dr. B. Jensen says that it only takes minutes to digest wheatgrass juice and uses up very little body energy. ***Chlorophyll can be extracted from many plants, but wheatgrass is superior because it has been found to have over 100 elements needed by man.*** Dr. Ann Wigmore had helped people to get well from chronic disorders for 30 years using wheatgrass juice. Liquid chlorophyll gets into the tissue, refines them, and makes them over. Wheatgrass juice is a superior detoxification agent compared to carrot juice and other fruits and vegetables. Dr. Earl-Thomas, who was working with Ann Wigmore, says that 15 pounds of wheatgrass is the equivalent of 350 pounds of carrots, lettuce, celery, and so forth.

Liquid chlorophyll (wheatgrass-juice) washes drug deposits from the body.

Chlorophyll neutralizes toxins in the body.

Chlorophyll helps purify the liver.

Chlorophyll improves blood sugar problems.

Wheatgrass juice cures acne and even removes scars after it has been ingested for seven to eight months.

Wheatgrass juice acts as a detergent in the body.

A small amount of the wheatgrass juice in the human diet prevents tooth decay.

Wheatgrass juice held in the mouth for 5 minutes will eliminate toothaches. It pulls poisons from the gums.

Gargle with a wheatgrass juice for a sore throat.

Pyorrhea of the mouth: lay pulp of wheatgrass soaked in juice on diseased area or chew wheatgrass, spitting out pulp.

Drink wheatgrass juice, one feel a difference in strength, endurance, health, and spirituality, and experience a sense of well-being.

Wheatgrass juice improves the digestion. Wheatgrass juice is great for blood disorders of all kinds.

Wheatgrass juice is high in enzymes.

Wheatgrass juice is an excellent skin cleanser and can be absorbed through the skin for nutrition.

Pour green juice over your body in a tub of warm water and soak for 15 to 20 mins. Rinse off with cold water.

Wheatgrass implants (enemas) are great for healing and detoxifying the colon walls.

The implants also heal cleanse the internal organs.

Wheatgrass juice is great for constipation and bowels open. It is high in magnesium.

Wheatgrass juice can dissolve the scars that are formed in the lungs from breathing acid gasses.

The effect of carbon monoxide is minimized since chlorophyll increase hemoglobin production.

Wheatgrass juice reduces high blood pressure and enhances the capillaries.

Wheatgrass juice can remove heavy metals from the body.

Chlorophyll (wheatgrass) for anti-aging.

Wheatgrass juice can do everything from freshen your breath to ward off cancer.

It is perhaps the safest and most effective way to healthfully supplement your diet.

The fresh wheatgrass juice is a storehouse of natural vitamins, minerals, chlorophyll, enzymes, and life energy.

It builds a high blood count.

Helps prevent cancer.

Provides iron to organs.

Makes body more alkaline. Counteracts toxins eaten.

Improves anemic conditions. Cleans and deodorizes bowel tissues.

Helps purify the liver. Aids hepatitis improvement.

Regulates menstruation. Aids hemophilia condition.

Improves milk production. Helps sores heal faster.

Eliminates body odors. Resists bacteria in wounds.

Cleans tooth and gum structure in pyorrhea eliminates bad breath.

Relieves sore throat. Makes an excellent oral surgery gargle.

Benefits inflamed tonsils. Soothes ulcer tissues.

Soothes painful hemorrhoids and piles. Aids catarrhal discharges.

Revitalizes vascular system in the legs. Improves varicose veins.

Reduces pain caused by inflammation. Improves vision.

In “The American Journal of Surgery” (1940) Benjamin Cruskin, M.D., recommends chlorophyll for its antiseptic benefits. The article suggests the following clinical uses for chlorophyll.

It neutralizes strep infections, heals wounds, hastens skin grafting, cures chronic sinusitis, overcomes ear inflammation and infections, reduces varicose veins and heals leg ulcers, eliminates impetigo and other scabby eruptions, heals rectal sores, successfully treats inflammation of the uterine cervix, gets rid of parasitic vaginal infections, reduces typhoid fever, and cures advanced pyorrhea in many cases.

Dr. Birscher, a research scientist in Switzerland, called chlorophyll “concentrated sun power.” He said, “Chlorophyll increases the function of the heart, affects the vascular system, the intestines, the uterus, and the lungs. According to Dr. Birscher, nature uses chlorophyll (wheatgrass) as a body cleanser, rebuilder, and neutralizer of toxins.

“Wheatgrass juice is the nectar of rejuvenation, the plasma of youth, the blood of all life. The elements that are missing in your body’s cells- especially enzymes, vitamins, hormones, and nucleic acids can be obtained through this daily green sunlight transfusion.”

Survival in the 21 st Century, Viktoras Kulvinskas

How to Grow Wheatgrass

Choose any type of container for sprouting wheatgrass. Pots that have drainage holes are the easiest to use for beginner sprouters but once you get a handle on how much water wheat sprouts require, you can sprout them in any container that is at least 3-4" deep. Select a growing medium: Once you've decided on a container, fill it to about 1 inch below the top of the rim with premoistened soil, compost or potting mix. Make that sure whatever growing medium you use, it doesn't contain any artificial fertilizers or chemicals. Soak the wheat in water overnight. Wheat seeds are sometimes sold as wheat "kernels" or as "Hard Red Wheat." Sprinkle the top of your container with soaked wheat seed. Leave a little bit of space between the seeds, so that they're not touching and competing for food.

Press the seed into the soil and then cover lightly with more potting mix or soil and water lightly. The soil needs to be kept moist, so cover your containers with a clear plastic bag or clear plastic film. In about 3-4 days, you will begin to see sprouts emerge. It's now time to move the container to a sunny location. Sunshine not only allows the young sprouts to manufacture more chlorophyll, but it helps to keep them stocky and short. Wheatgrass grown in the dark or in poorly lit areas tends to be quite pale and lanky and in no time at all, the sprouts begin to fall over. By about 7-10, the sprouts are the perfect height to use as a centerpiece or to begin harvesting for juice. Wheatgrass can be cut more than once for an extended harvest so if you are using it for juice, start a few containers on different days so that you have a continuous supply of the nutritious leaves.

Wheatgrass Institute in the United States

Optimum Health Institute – San Diego - <http://Optimumhealth.org>

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Sundance Wheateena Wheatgrass Juicers / 914-565-6065

Dr. Mark Sircus

*The Miracle
of Sodium Bicarbonate or Common
Baking Soda
The Least Inexpensive Cancer Treatment*

<http://www.youtube.com/watch?v=HQuODiMLUsc>

<http://www.youtube.com/watch?v=npgyZMaewuE&feature=related>

Sodium Bicarbonate / Baking Soda

Baking Soda - Every Cancer Patients Best Friend

Baking Soda & Maple Syrup Cancer Treatment

<http://imva.info/index.php/tag/sodium-bicarbonate/>

<http://www.life-enthusiast.com/index/Articles/Sircus>

Medical Review

The use of sodium bicarbonate for cancer, kidney disease, diabetes, treatment of flu and the common cold, and other areas of general medicine is extremely successful. Truly sodium bicarbonate is a universal medicine that is nutritional as well as safe and is of help no matter what syndrome we are facing. There are many reasons to use baking soda but one overall reason is that *sodium bicarbonate is a natural substance that will not harm us, our*

children or the environment because is it not a chemical compound that effects nature in any kind of negative sense. Baking soda is actually a compound that is found throughout nature, in the ocean, in the soil, in our foods, and in our bodies. Baking soda is a neutralizer of many other compounds, which makes it extremely helpful as a medicine in the age of toxicity, which we are all presently passing through. Life-threatening asthma in children is often resistant to treatment with bronchodilators and systemic corticosteroids. Recent research suggests that administering sodium bicarbonate—an ingredient commonly found in kitchens—in intravenous (IV) form can significantly improve pH and PCO₂ in children with life-threatening asthma.[\[1\]](#)

Sodium bicarbonate can save the day when nothing else can. The only other substance we can say the same is with magnesium chloride, which when injected will save a person during cardiac arrest and pull one out of a stroke if given soon enough. There has been work going on at the University of Arizona, using bicarbonate (baking soda) as a potential treatment for cancer. Robert J. Gillies and his colleagues have demonstrated that pre-treatment of mice with sodium bicarbonate results in the alkalization of the area around tumors. This year these same researchers reported that bicarbonate increases tumor pH (i.e., make it more alkaline) and also inhibits spontaneous metastases (Robey 2009).

They showed that ***oral sodium bicarbonate increased the pH of tumors and also reduced the formation of spontaneous metastases in mice with breast cancer. It also reduced the rate of lymph node involvement.*** When it comes to sodium bicarbonate it is an open and shut case. It is already in wide use and has been for decades, even by oncologists who do not want their patients dropping dead too quickly because of the tremendous toxicity of their treatments. Sodium bicarbonate is used routinely to keep the toxicity of chemotherapy agents and radiation from killing people or from destroying their kidneys. In relation to bicarbonate, millions of people in the world either

consume bicarbonate ions in drinking water or have been treated clinically with bicarbonate in hospitals, medical centers, or emergency. ***Sodium bicarbonate helps to save countless lives every day.*** When combined with other strong but basic natural substances like magnesium chloride and iodine one has at ones fingertips a trinity of medical super heroes ready to perform scientific medical miracles in a single bound. We are talking about serious medicine when we talk about sodium bicarbonate. Earlier and more frequent use of sodium bicarbonate is associated with higher early resuscitability rates and with better long-term neurological outcomes in emergency units. ***Sodium bicarbonate is very beneficial during CPR.***[\[3\]](#)

Bicarbonate is present in all body fluids and organs and plays a major role in the acid-base balances in the human body. Bicarbonate deficiency is the most unrecognized medical condition on earth even though it is extraordinarily common. Problems from acid pH levels (relative deficiency in bicarbonate ions) take a large toll from human physiology and the more acid a person gets the larger the problem for cell physiology. ***Every biochemical reaction is pH sensitive with enzymes being especially sensitive.*** Our diet plays an important role in maintaining appropriate pH levels in the body. Most modern diets give rise to unhealthy acidic pH conditions. An imbalanced pH will interrupt cellular activities and functions to extreme levels as pH drops further.

Excessive acidic pH leads to cellular deterioration which eventually brings on serious health problems such as cancer, cardiovascular disease, diabetes, osteoporosis and heartburn. The fact that the biological life functions best in a non-acidic (alkaline) environment speaks miles about the usefulness of baking soda. ***Sodium bicarbonate loading and continuous infusion was associated with a lower incidence of acute renal dysfunction in cardiac surgical patients undergoing cardiopulmonary bypass.***[\[4\]](#) ***Sodium bicarbonate is the time honored method to ‘speed up’ the return of the body’s bicarbonate levels to normal.*** Bicarbonate is inorganic, very alkaline

and like other mineral type substances supports an extensive list of biological functions. Sodium bicarbonate happens to be one of our most useful medicines because bicarbonate physiology is fundamental to life and health. So helpful and elementary it's even instrumental in helping sperm swim up and enter the cervical canal.[\[5\]](#) It is not possible to be a fully educated medical professional without coming up to speed on vital medical information about sodium bicarbonate. This book is full of contributions from universities, hospitals and clinicians who have for decades been researching and using sodium bicarbonate. ***Baking soda is an essential medicine***, which no emergency room or intensive care ward would be caught without.

This book represents a full medical review that combs through all corners of the medical universe to lay bare the full knowledge and scope of sodium bicarbonates use in medicine. Everything I know about bicarbonate you should know and when you do, you will know more than anyone else who has not taken the time or has had the interest to fully research the subject or read this book. It's an experience to know much more about such a basic vital substance than your doctors. Read and learn and then begin to think of what is the medical truth about sodium bicarbonate as a treatment for cancer.

This book also gives the keys to understanding that vast fraud and the intended rip off of labeling Carbon Dioxide (CO₂) a poisonous gas. In these pages you will find the truth about CO₂ because it is a great part of the secret about sodium bicarbonate (baking soda), which turns to CO₂ in the stomach when mixed with water. As we shall see sodium bicarbonate, CO₂ and Oxygen (O₂) are all tied together. CO₂ is no more of a poison than water. ***Sodium bicarbonate (Baking Soda) is probably one of the most useful substances in the world; no wonder the pharmaceutical companies don't want doctors or anyone else to know much about it. Sodium Bicarbonate is an important medicine – of the safest kind – and it is essential when treating cancer, kidney and other diseases.***

Baking Soda is Every Cancer Patients Best Friend

Cancer cells have a lower pH than surrounding tissue

As if it were not humiliating enough for orthodox oncologists to learn that the lowly chemical sodium bicarbonate (baking soda) is important in the treatment of cancer now they have to swallow the research pointing to the fact that bicarbonate can also be used to diagnose cancer in its earliest stages. Oncologists do understand and know that bicarbonate is necessary to protect their patients from the toxicity and harm done by highly toxic chemicals used in chemotherapy.

They also know it is of extraordinary help to patients receiving radiation treatments protecting as it does the kidneys and other tissues of the body from radioactive damages. Oncologists should also know that bicarbonate-induced extracellular alkalinization leads to significant improvements in the therapeutic effectiveness of certain chemo agents. A number of studies have shown that the extracellular pH in cancers is typically lower than that in normal tissue and that an **acidic pH promotes invasive tumor growth in primary and metastatic cancers.**

The external pH of solid tumors is acidic as a consequence of increased metabolism of glucose and poor perfusion. Acid pH has been shown to stimulate tumor cell invasion and metastasis *in vitro* and in cells before tail vein injection *in vivo*. Researchers have investigated the very reasonable assumption that increased systemic concentrations of pH buffers would lead to reduced intratumoral and peritumoral acidosis and, as a result, **inhibit malignant growth.** It has been shown that increased serum concentrations of the sodium bicarbonate (NaHCO_3) can be achieved via oral intake. These

researchers found that consequent reduction of tumor acid concentrations significantly reduces tumor growth and invasion without altering the pH of blood or normal tissues.[\[1\]](#) Oral NaHCO₃ selectively increased the pH of tumors and reduced the formation of spontaneous metastases in mouse models of metastatic breast cancer. NaHCO₃ therapy also reduced the rate of lymph node involvement and significantly reduced the formation of hepatic metastases. Acid pH was shown to increase the release of active cathepsin B, an important matrix remodeling protease.[\[2\]](#)

We know that bicarbonate turns to CO₂ easily when dissolved in water as it enters the stomach but few know that **cancerous tissue turns bicarbonate into carbon dioxide**. A few years ago a United Kingdom Cancer Research team found MRI scans were able to track changes in bicarbonate and therefore identify cancers even in the very early stages. All cancer has a lower pH, meaning it is more acidic than surrounding tissue. Working with mice, the researchers boosted the MRI sensitivity more than 20,000 times. *Using MRI, they looked to see how much of the tagged bicarbonate was converted into carbon dioxide within the tumor. In more acidic tumors, more bicarbonate is converted into carbon dioxide.*

Prof. Kevin Brindle, from UK's Cambridge Research Institute said: "This technique could be used as a highly-sensitive early warning system for the signs of cancer. By exploiting the body's natural pH balancing system, we have found a potentially safe way of measuring pH to see what's going on inside patients. MRI can pick up on the abnormal pH levels found in cancer and it is possible that this could be used to pinpoint where the disease is present and when it is responding to treatment." **Note:** In ***Sodium Bicarbonate – Rich Man's Poor Man's Cancer Treatment*** it is stressed that it is not a standalone single shot cancer treatment. It should always be used in conjunction with a full protocol that includes most importantly ***magnesium chloride, iodine and selenium*** plus a naturopathic approach to diet, intestinal cleaning, sun exposure and many other helpful things.

Dr. Sircus Radio Show about Cancer

www.viratolive.com

For many years Virato's guest today, *Dr. Mark Sircus*, has been researching into the human condition and into the causes of disease. His primary focus in recent years has been the study of environmental toxicity and iatrogenic diseases. He has written extensively on the poisons in the environment, in our foods, medicines and dental practices. Dr. Sircus is the director of the *International Medical Veritas Association (IMVA)*, advocating radical changes in orthodox medicine. Today's program focuses on ***Sodium Bicarbonate – common baking soda***. Baking soda has always been known as a quick remedy for stomach acid imbalances and for cleaning swimming pools and refrigerators. Few know that it is a most useful medicine for the treatment of cancer and kidney disease or to help resolve common colds and to alleviate the symptoms and dangers of influenza.

Cancer, Baking Soda, Maple Syrup or Honey

(Radio Show). Tonight we are going back to medical basics with the application of the least expensive, safest and perhaps most effective cancer medicine there is. Sodium bicarbonate has been on many cancer patients' minds this past year. It has not been easy though to get to Rome or even contact Dr. Tullio Simoncini for treatment.

And doctors willing to give bicarbonate IVs are not on every corner so it's been frustrating to have something so simple and effective remain elusive. If doctors doing such treatments want to be listed by the IMVA for referral please contact us. We have known that oral intake of sodium bicarbonate will have the "Simoncini" effect on oral, esophagus and stomach cancer we have not focused at all on the systemic effect of bicarbonate taken orally.

Every cancer patient and every health care practitioner should know that oral intake of sodium bicarbonate offers an instant and strong shift of blood pH into the alkaline. So strong is the effect that athletes can notice the difference in their breathing as more oxygen is carried throughout the system and as more acids are neutralized.[The difference can be stunning for those whose respiration is labored under intense exercise loading. This tells us to take very seriously the oral use of bicarbonate for cancer treatment no matter what other treatment is used. When one reads my thesis on different medicinal substances one has to always remember that I am a protocol man who does not support single shot cures for anything.

With the publication of today's chapter on sodium bicarbonate and maple syrup sodium bicarbonate slips securely into the number three spot right behind magnesium chloride and iodine. Each of these three substances effects directly onto basic human physiology in a way most pharmaceutical drugs do not. When used together we have a super threesome that will inexpensively go far to resolving many of the physical and even some of the emotional problems we and our children face. And if you have not made the connection please note that all three of these substances are used in emergency rooms and intensive care wards and they do commonly save lives every day with their inherent healing powers. See my chapter on emergency room medicine and cancer treatment.

All cancer sufferers and in fact every chronic disease patient should hold clearly in mind that pH is the regulatory authority that controls most cellular processes. The pH balance of the human bloodstream is recognized by medical physiology texts as one of the most important biochemical balances in all of human body chemistry. pH is the acronym for "Potential Hydrogen". In definition, it is the degree of concentration of hydrogen ions in a substance or solution. It is measured on a logarithmic scale from 0 to 14. Higher numbers mean a substance is more alkaline in nature and there is a greater potential for absorbing more hydrogen ions. Lower numbers indicate more acidity with less potential for absorbing hydrogen ions. Our body pH is very important because pH controls the speed of our body's biochemical reactions. It does this by controlling the speed of enzyme activity as well as the speed that electricity moves through our body; the higher (more alkaline) the pH of

a substance or solution, the more electrical resistance that substance or solution holds. Therefore, electricity travels slower with higher pH. If we say something has an acid pH, we are saying it is hot and fast. Alkaline pH on the other hand, bio-chemically speaking, is slow and cool. Body pH level changes are intense in the profundity of their biological effects. Even genes directly experience external pH. PH differentially regulates a large number of proteins. Increased oxidative stress, which correlates almost exponentially with pH changes into the acidic, is especially dangerous to the mitochondria, which suffer the greatest under oxidative duress.

Epigenetics, which may now have begun eclipsing traditional genetics, commonly describes how factors such as diet and smoking, rather than inheritance influence how genes behave. The following chapter comes after 100 pages of text in the Yeast and Fungi Invaders section of the Winning the War on Cancer book. Please note that sodium bicarbonate taken in water alone will have a powerful effect on entire body physiology because of the instant shift into alkaline pH levels. Bicarbonate can be taken frequently throughout the day with half teaspoons amounts though for long term use lower doses are safer. For cancer patients initial use should be heavy and frequent to force a greater shift because smaller pH shifts can actually stimulate cancer growth.

Baking Soda & Maple Syrup for Cancer Treatment

<https://www.youtube.com/watch?v=Grtrm8tk4d4>

The Baking Soda & Maple Syrup cancer treatment focuses on delivering natural chemotherapy in a way that effectively kills cancer cells but significantly reduces the brutal side effects experienced with most standard chemotherapy treatments. In fact so great is the reduction that the dangers are brought down to zero. Costs, which are a factor for the majority of people, of this particular treatment are nil. Though this cancer treatment is very inexpensive, do not assume it is not effective. The bicarbonate maple

syrup cancer treatment is a very significant cancer treatment every cancer patient should be familiar with and it can easily be combined with other safe and effective natural treatments. This cancer treatment is similar in principle to Insulin Potentiation Therapy (IPT). IPT treatment consists of giving doses of insulin to a fasting patient sufficient to lower blood sugar into the 50 mg/dl. In a normal person, when you take in sugar the insulin levels go up to meet the need of getting that sugar into the cells. In IPT they are artificially injecting insulin to deplete the blood of all sugar then injecting the lower doses of toxic chemo drugs when the blood sugar is driven down to the lowest possible value. During the low peak, it is said that the receptors are more sensitive and take on medications more rapidly and in higher amounts.

The bicarbonate maple syrup treatment works in reverse to IPT. Dr. Tullio Simoncini acknowledges that cancer cells gobble up sugar so when you encourage the intake of sugar it's like sending in a Trojan horse. The sugar is not going to end up encouraging the further growth of the cancer colonies because the baking soda is going to kill the cells before they have a chance to grow. Instead of artificially manipulating insulin and thus forcefully driving down blood sugar levels to then inject toxic chemo agents we combine the sugar with the bicarbonate and present it to the cancer cells, which at first are going to love the present. But not for long! This treatment is a combination of pure, 100% maple syrup and baking soda and was first reported on the Cancer Tutor site.

When mixed and heated together, the maple syrup and baking soda bind together. The maple syrup targets cancer cells (which consume 15 times more glucose than normal cells) and the baking soda, which is dragged into the cancer cell by the maple syrup, being very alkaline forces a rapid shift in pH killing the cell. The actual formula is to mix one part baking soda with three parts (pure, 100%) maple syrup in a small saucepan. Stir briskly and heat the mixture for 5 minutes. Take 1 teaspoon daily, is what is suggested by Cancer Tutor but one could probably do this several times a day. "There is not a tumor on God's green earth that cannot be licked with a little baking soda and maple syrup." That is the astonishing claim of controversial folk healer Jim Kelmun who says that this simple home remedy can stop and reverse the deadly growth of cancers.

“Dr. Jim cured me of lung cancer,” said farmer Ian Roadhouse. “Those other doctors told me that I was a goner and had less than six months to live. But the doc put me on his mixture and in a couple of months the cancer was gone. It did not even show up on the x-rays.” Dr. Jim discovered this treatment accidentally somewhere in the middle of the last century when he was treating a family plagued by breast cancer. There were five sisters in the family and four of them had died of breast cancer. He asked the remaining sister if there was anything different in her diet and she told him that she was partial to sipping maple syrup and baking soda. Since then, reported by a newspaper in Asheville, North Carolina, Dr. Jim dispensed this remedy to over 200 people diagnosed with terminal cancer and amazingly he claims of that number 185 lived at least 15 more years and nearly half enjoyed a complete remission of their disease.

When combined with other safe and effective treatments like transdermal magnesium therapy, iodine, vitamin C, probiotics and other items like plenty of good sun exposure, pure water and clay treatments we should expect even higher remission rates. ***It is very important not to use baking soda which has had aluminum added to it.*** The Cancer Tutor site reports that Arm and Hammer does have aluminum. One can buy a product which specifically states it does not include aluminum or other chemicals. (e.g. Bob's Red Mill, Aluminum-Free, Baking Soda). ***Sodium bicarbonate is safe, extremely inexpensive and unstoppably effective when it comes to cancer tissues.*** It's an irresistible chemical, cyanide to cancer cells for it hits the cancer cells with a shock wave of alkalinity, which allows much more oxygen into the cancer cells than they can tolerate.

Cancer cells cannot survive in the presence of high levels of oxygen. Studies have already shown how manipulation of tumor pH with sodium bicarbonate enhances some forms of chemotherapy. “The therapeutic treatment of bicarbonate salts can be administered orally, through aerosol, intravenously and through catheter for direct targeting of tumors,” says oncologist Dr. Tullio Simoncini. ***“Sodium bicarbonate administered orally, via aerosol or intravenously can achieve positive results only in some tumors, while others – such as the serious ones of the brain or the bones - remain unaffected by the treatment.”*** The maple syrup apparently enables and

increases penetration of bicarbonate into all compartments of body, even those which are difficult or impossible to penetrate by other means. These compartments include the central nervous system (CNS), through the blood-brain barrier, joints, solid tumors, and perhaps even the eyes. IPT makes cell membranes more permeable, and increases uptake of drugs into cells. The maple syrup will make tissues more permeable, too. It will transport the bicarbonate across the blood-brain barrier and every other barrier in the body for sugar is universally needed by all cells in the body. The essence of IPT is that it allows cancer drugs to be given in a smaller dose, far less toxic to normal cells, while building up lethally toxic concentrations in cancer cells. Both IPT and bicarbonate maple syrup treatments use the rabid growth mechanisms of the cancer cell against them.

Dr. Jim did not have contact with Dr. Simoncini and did not know that he is the only oncologist in the world who would sustain the combining of sugar with bicarbonate. Dr. Simoncini always directs his patients to increase natural sugar intake with his treatments but has never thought to mix the two directly together. Because his treatments depend on interventionist radiologists who insert catheters to direct the bicarbonate as close to the affected area. The great advantage that maple syrup and bicarbonate treatment has over this type hemp oil is that it is legal thus easily obtainable. The two together, backed by a solid protocol of other nutritional substances makes winning the war on cancer almost a certainty.

When using these substances it is safer to change one's vocabulary and not say one is treating and curing cancer. Far better to conceptualize that one is treating the infectious aspect of cancer, the fungus and yeast colonies and the yeast like bacteria that are the cause of TB. Dr. Simoncini says that, "In some cases, the aggressive power of fungi is so great as to allow it, with only a cellular ring made up of three units, to tighten in its grip, capture and kill its prey in a short time notwithstanding the prey's desperate struggling. Fungus, which is the most powerful and the most organized micro-organism known, seems to be an extremely logical candidate as a cause of neoplastic proliferation." pH of the blood is the most important factor to determine the state of the microorganisms in the blood. ***"Sodium bicarbonate therapy is harmless, fast and effective because it is extremely diffusible. A therapy***

with bicarbonate for cancer should be set up with strong dosage, continuously, and with pauseless cycles in a destruction work which should proceed from the beginning to the end without interruption for at least 7-8 days. In general a mass of 2-3-4 centimeters will begin to consistently regress from the third to the fourth day, and collapses from the fourth to the fifth,” says Dr. Simoncini. There are many ways to use sodium bicarbonate and it is a universal drug like iodine and magnesium chloride. Raising pH increases the immune system's ability to kill bacteria, concludes a study conducted at The Royal Free Hospital and School of Medicine in London.

Viruses and bacteria that cause bronchitis and colds thrive in an acidic environment. To fight a respiratory infection and dampen symptoms such as a runny nose and sore throat, taking an alkalizing mixture of sodium bicarbonate and potassium bicarbonate will certainly help. *Lemon or lime 1/4 teaspoon and 1/4 teaspoon baking soda taken 2 times or more a day.* Perhaps honey could be substituted for maple syrup for those who live in parts of the world where maple syrup is not available but to my knowledge no one has experimented with this.

Mark Sircus Ac., OMD Director Int. Med. Veritas Association: //imva.info

Lessons in Cancer and General pH Management

by the International Medical Veritas Association

Most of us are going to be surprised to find out that there is an oncologist in Rome Italy, *Dr. Tullio Simoncini*, destroying cancer tumors with sodium bicarbonate.[i] Sodium bicarbonate is safe, extremely inexpensive and unstoppably effective when it comes to cancer tissues. It's an irresistible chemical, cyanide to cancer cells for it hits the cancer cells with a shock wave of alkalinity, which allows much more oxygen into the cancer cells than they can tolerate. Cancer cells cannot survive in the presence of high levels of

oxygen. Sodium bicarbonate is, for all intent and purposes, an instant killer of tumors. Full treatment takes only days, as does another cancer treatment that heats the cancer cells with laser generated heat. ***The extracellular (interstitial) pH (pHe) of solid tumors is significantly more acidic compared to normal tissues.*** CASE ONE: A patient diagnosed with pulmonary neoplasm of the lung, underwent treatment with sodium bicarbonate, before submitting to surgery to remove part of the lung. Treatment consisted of sodium bicarbonate administered orally, by aerosol, and IV. After first treatment reduction of nodules and absorption was evident, and after 8 months was no longer visible at all. Treatments also reduced size of the liver and results were confirmed by both X-ray and CAT scan.

Studies have shown how manipulation of tumor pH with sodium bicarbonate enhances some forms of chemotherapy. Proteins can be modified both in vivo and in vitro by increases in acidity. In fact pH is the regulatory authority that controls most cellular processes. The pH balance of the human bloodstream is recognized by medical physiology texts as one of the most important biochemical balances in all of human body chemistry. pH is the acronym for "Potential Hydrogen". In definition, it is the degree of concentration of hydrogen ions in a substance or solution. It is measured on a logarithmic scale from 0 to 14. Higher numbers mean a substance is more alkaline in nature and there is a greater potential for absorbing more hydrogen ions.

Lower numbers indicate more acidity with less potential for absorbing hydrogen ions. Our body pH is very important because pH controls the speed of our body's biochemical reactions. It does this by controlling the speed of enzyme activity as well as the speed that electricity moves through our body. The higher (more alkaline) the pH of a substance or solution, the more electrical resistance that substance or solution holds. Therefore, electricity travels slower with higher pH. If we say something has an acid pH, we are saying it is hot and fast. Alkaline pH on the other hand, biochemically speaking, is slow and cool. ***Cancer tissues have a much higher concentration of toxic chemicals, pesticides, etc then do healthy tissues.*** In 1973, a study conducted by the Department of Occupational Health at Hebrew University-Hadassah Medical School in Jerusalem found that when cancerous breast tissue is compared with non-cancerous tissue from

elsewhere in the same woman's body, the concentration of toxic chemicals such as DDT and PCBs was "much increased in the malignant tissue compared to the normal breast and adjacent adipose tissue." This should say something to the oncologists of the world about chemical etiologies that are going undiagnosed and untreated. Part of any successful cancer treatment includes chelation and detoxification of heavy metals and a host of toxic chemicals, which are all invading our bodies' everyday. It is literally raining mercury, uranium contamination is increasing, lead we are discovering is even more toxic than anyone ever believed and is even in the bread that we eat, arsenic is in our chicken.

The government still wants you to get your yearly mercury flu shot, dentists of course are still using hundreds of tons of mercury exposing patients to internalized toxic waste dumps (mercury vapors from hell), fluoride is still put in the water and chlorine is breathed in most showers. This just covers a small slice of the toxic disaster that is the hallmark of life in the 21st century. But oncologists have just not been able to understand that cancer patients are suffering from poisoning on a massive scale with all the chemicals scientists have already established cause cancer. The IMVA recommends alkaline foods and sodium bicarbonate so that the pH of the blood remains high, which in turn means that the blood is capable of carrying more oxygen. This in turn keeps every cell in the body at peak efficiency and helps the cell eliminate waste products.

Detoxification and chelation will proceed more easily and safely under slightly alkaline conditions. Increased urinary pH reduces oxidative injury in the kidney so it behooves us to work clinically with bicarbonate. ***Patients receiving sodium bicarbonate achieved urine pHs of 6.5 as opposed to 5.6 with those receiving sodium chloride. This alkalization is theorized to have a protective effect against the formation of free-radicals that may cause nephropathy.*** Dr. Michael Metro. Body pH level changes are intense in the profundity of their biological effects. Even genes directly experience external pH. pH differentially regulates a large number of proteins. Increased oxidative stress, which correlates almost exponentially with pH changes into the acidic, is especially dangerous to the mitochondria, which suffer the greatest under oxidative duress. Epigenetics, which may now have begun

eclipsing traditional genetics, commonly describes how factors such as diet and smoking, rather than inheritance influence how genes behave. ***“The great advantage of knowing the prime cause of a disease is that it can then be attacked logically and over a broad front.” Dr. Otto Warburg.*** Dr. Otto Warburg, two times Nobel Prize winner, stated in his book, “The Metabolism of Tumors” that the primary cause of cancer was the replacement of oxygen in the respiratory cell chemistry by the fermentation of sugar. The growth of cancer cells is initiated by a fermentation process, which can be triggered only in the absence of oxygen at the cell level. What Warburg was describing was a classic picture of acidic conditions. Just like overworked muscle cells manufacture lactic acid by-products as waste, cancerous cells spill lactic acid and other acidic compounds causing acid pH.

After we just saw how important sulfur is in human health and how useful a basic chemical like sodium thiosulfate can be, we now get a crash course in the power of sodium bicarbonate and the act of instantly turning cancer cells alkaline. Might as well shoot a guided cruise missile at them - so effective, safe, quick and precise is sodium bicarbonate, inexpensive as well. Just a few pennies a day of it will keep cancer further away, keeping it at arms length from ourselves, patients and loved ones. It is something we can use to treat our water with as well, excellent to put in distilled or reverse osmosis water or any water for that matter. A true understanding of cancer is impossible without understanding why some tissues in the body are deficient in oxygen and therefore prone to cancer.

Cancerous tissues are acidic, whereas healthy tissues are alkaline. Water (H_2O) decomposes into H^+ and OH^- . When a solution contains more H^+ than OH^- then it is said to be acid. When it contains more OH^- than H^+ then it is said to be alkaline. When oxygen enters an acid solution it can combine with H^+ ions to form water. Oxygen helps to neutralize the acid, while at the same time the acid prevents oxygen from reaching the tissues that need it. Acidic tissues are devoid of free oxygen. An alkaline solution is just the reverse. Two hydroxyl ions (OH^-) can combine to produce one water molecule and one oxygen atom. In other words, an alkaline solution can provide oxygen to the tissues. The pH scale goes from 0 to 14, with 7 being neutral. Below 7 is acid and above 7 is alkaline. The blood, lymph

and cerebral spinal fluid in the human body are designed to be slightly alkaline at a pH of 7.4. At a pH slightly above 7.4 cancer cells become dormant and at pH 8.5 cancer cells will die while healthy cells will live. This has given rise to a variety of treatments based on increasing the alkalinity of the tissues such as vegetarian diet, the drinking of fresh fruit and vegetable juices, and dietary supplementation with alkaline minerals such as calcium, potassium, magnesium, cesium and rubidium. But nothing can compare to the instant alkalizing power of sodium bicarbonate for safe and effective treatment of cancer. Like magnesium chloride or sulfates are excellent emergency medicines, basic chemicals, nutritional in nature, sodium bicarbonate is a nutritional medicine meaning it cannot and will not end up controlled by CODEX.

To control bicarbonate they would have to demand mothers stop making cake with it. We might thus identify sodium bicarbonate as an emergency medicine for cancer with the above supporting approaches working on broader levels to help overall physiology change to a degree where body chemistry is unfavorable for new cancer growth. Cancer seems to grow slowly in a highly acid environment (because the acids cause it to partially destroy itself) and may actually grow more quickly as your body becomes more alkaline prior to reaching the healthy pH slightly above 7.4 where the cancer becomes dormant. Therefore it is important to get pH above 7.4 quickly. Once one has achieved a pH above 7.4, it is useful to monitor saliva pH regularly to ensure that the body remains sufficiently alkaline.

Earlier and more frequent use of sodium bicarbonate was associated with higher early resuscitability rates and with better long-term neurological outcome. Sodium bicarbonate is beneficial during CPR “The therapeutic treatment of bicarbonate salts can be administered orally, through aerosol, intravenously and through catheter for direct targeting of tumors.” All of Dr. Tullio Simoncini’s treatments with sodium bicarbonate are directed as specifically as possible to the organs involved, for example, vaginally as well as abdominally into the peritoneal space for cervical cancer, through the hepatic artery for liver cancer in order to get the solution as close to the affected area as possible. Sodium bicarbonate administered orally, via aerosol or intravenously can achieve positive results in most tumors, including the

brain, while others, such as the serious ones of the bones can remain unaffected. Dr. Simoncini, with the help of interventionist radiologists was able to reach those areas of the body that had previously been inaccessible. This was achieved through positioning appropriate catheters either in cavities for peritoneum and pleura, or in arteries to reach other organs. ***The most effective measure to treat RT-induced mucositis in patients with head and neck cancer is frequent oral rinsing with a sodium bicarbonate rinse, to reduce the amount of oral microbial flora.*** CASE TWO: A nine-year-old child is hospitalized and diagnosed with Ewing's Sarcoma on the right humerus. Despite several chemotherapy cycles surgery removed the humeral bone. Growth of three tumor masses continued despite continued efforts to stop progression.

Sodium bicarbonate salts treatment were then started administered by catheter into the right sub-clavian artery in order to administer the salts (phleboclysis of 500 cc at five per cent) directly on the tumoral masses. Of the 3 masses shown by the scographic scan of May 7, 2001, whose size is respectively: a. 6.5 cmb. 4.4 cm. 2.4 cm. After the sodium bicarbonate salts treatment only one tumor was left, with a size of only 1.5 cm, which is most likely residual scarring, as shown by the echography of September 10, 2001. Sodium bicarbonate injection is also indicated in the treatment of metabolic acidosis which may occur in severe renal disease, uncontrolled diabetes, and circulatory insufficiency due to shock or severe dehydration, extracorporeal circulation of blood, cardiac arrest and severe primary lactic acidosis. Sodium bicarbonate is further indicated in the treatment of drug intoxications, including barbiturates.

Sodium carbonate has been found effective in treating poisoning or overdose from many chemicals and pharmaceutical drugs by negating the cardiotoxic and neurotoxic effects. ***Sodium bicarbonate is useful in treating neurological disorders in children.*** An extremely simple therapy used by physicians who treat autism is to supply a mild antidote that neutralizes the excess acids. The most convenient product is a nonprescription drug called AlkaSeltzer Gold™. Do not use any other kind of AlkaSeltzer.™ AlkaSeltzer Gold™ is simply a very safe product (sodium and potassium bicarbonate) that helps to neutralize excess acids of any kind. ***Dr. William Shaw.***

Biological Treatments for Autism and PDD. Knowledge of sodium bicarbonate is important for parents because the rate of childhood cancer is growing exponentially. But parents who resist the radiation burning, cutting and the lethal chemicals are regularly hauled before the courts only to have their children taken away from them. Oncologists are increasingly resorting to the justice system to have children made wards of the courts who then turn them over to medically irresponsible practitioners. It is inexcusable separating a child from his mother and father in the middle of a medical crisis. Adding to the stress by tormenting patients' hearts and souls has nothing to do with safe or effective medicine. The naked truth is doctors and medical institutions have not earned the necessary trust for this level of intervention in people's lives.

With patient safety slipping year by year, children are not safe in hospitals, much less so if forced at gunpoint from their parents embrace. One mother wrote, "It worked so well for both of my children that the die-off was an uneventful experience, even though they both had very high levels of yeast." The restoring of acid/alkaline balance also relieves many allergies. "These children also had grave disturbances in electrolyte chemistry, and tended to be acidotic (low CO₂). The data that unfolded was fascinating and clearly earmarked the acidosis and hypoxic state (low serum bicarbonate = low O₂ levels). Potassium bicarbonate, sodium bicarbonate, magnesium carbonate and the like were used.

Now we began to understand why so many children responded to Buffered C (potassium bicarbonate, calcium carbonate, magnesium carbonate), and others needed a more specific buffer (in some children for example niacin was grossly depleted and they required niacin bicarbonate)," wrote Patricia Kane. ***The acid/alkaline balance is one of the most overlooked aspects of health, though many have written much about it. In general, the American public is heavily acid, excepting vegetarians.*** CASE THREE: A 62-year-old patient undergoes surgery in December 1998 for endometrial adenocarcinoma, followed by successive cycles of radiotherapy and anti-hormone therapy. Following the thickening of the peritoneum and the growth of several lymph nodes due to carcinosis; from the clinical point of view, the patient's condition decayed with the presence of exhaustion, general

swelling, intestinal meteorism, irregularity of evacuation, steady feeling of heaviness and blood pressure instability. Treatment with a 5% sodium bicarbonate solution administered alternately thru an endoperitoneal catheter and via IV showed rapid improvement to a normal condition of health. A final CAT scan confirms the regression of the peritoneal carcinosis and a stabilization of the size of the lymph nodes when compared to the preceding year. *The kidneys are usually the first organs to show chemical damage upon uranium exposure, military manuals suggest doses or infusions of sodium bicarbonate to help alkalinize the urine if this happens. This makes the uranyl ion less kidney-toxic and promotes excretion of the nontoxic uranium-carbonate complex. The oral administration of sodium bicarbonate diminishes the severity of the changes produced by uranium in the kidneys.*

CASE FOUR: A 40-year-old patient underwent surgical intervention (left radical mastectomy) for mammarian carcinoma seven months earlier. After three months of chemotherapy, the patient is affected by: “diffused pulmonary and hepatic metastasis; bone metastasis particularly to the fifth and sixth lumbar vertebrae. Further with invasion and compression of the medullar channel, which is causing extreme pain which makes the patient unresponsive to any treatment.” All pain suppressant drugs – morphine included – are totally ineffective and the patient is totally prostrate even unable to sleep. Believing that fungal colonies amassed in the medullar channel will respond to administration of sodium bicarbonate salts, lumbar injections are begun.

Dr Tullio Simoncini recounts: "As I administer it by slowly injecting 50 cc of sodium bicarbonate solution at 8.4 %, the patient tosses and with a thread of a voice confesses to me that she has slept only two hours in the last week. Exhausted, she whispers to me: “If only I could sleep half an hour tonight.” But the day after, she calls me on the phone and says: “I have slept all night”. After two more lumbar injections of the bicarbonate salts in the next month, the pain disappeared completely. Magnetic Resonance imaging reports performed before and after treatment were defined by hospital head of the radiology department as "shocking." Sodium bicarbonate is the chemical compound with the formula NaHCO_3 . Sodium bicarbonate (baking soda) is

commonly used as an antacid for short-term relief of stomach upset, to correct acidosis in kidney disorders, to make the urine alkaline during bladder infections and to minimize uric acid crystallization during gout treatment. Prescription sodium bicarbonate products are given by injection to treat metabolic acidosis and some drug intoxication. Sodium bicarbonate is available as a nonprescription medical as well as a general house hold item. It is also used with other non-prescription drugs for short-term treatment of various conditions to treat anything from fever to moderate pain. ***Sodium bicarbonate possesses the property of absorbing heavy metals, dioxins and furans. Comparison of cancer tissue with healthy tissue from the same person shows that the cancer tissue has a much higher concentration of toxic chemicals, pesticides, etc.***

Sodium bicarbonate neutralizes acids present in gases (in particular hydrochloric acid, sulphur dioxide, hydrofluoric acid) to form sodium salts (sodium chloride, sodium sulphate, sodium fluoride, sodium carbonate), which are all known as Residual Sodium Chemicals. Sodium bicarbonate can be made into a paste salve with vinegar, it relieves burning from bug stings (particularly bee stings), poison ivy, nettles, and sunburn. It is used as an antacid to treat acid indigestion and heartburn. Mixed with water in a 10% solution can soften earwax for removal. ***Substituting a sodium bicarbonate solution for saline infusion prior to administration of radiocontrast material seems to reduce the incidence of nephropathy. Dr. Thomas P. Kennedy / American Medical Association.***

Because sodium bicarbonate has long been known and is widely used, it has many other names including sodium hydrogen carbonate, sodium bicarb, baking soda, bread soda, cooking soda, bicarb soda, saleratus or bicarbonate of soda. It is soluble in water. This white solid is crystalline but often appears as a fine powder. It has a slight alkaline taste resembling that of sodium carbonate. It is a component of the mineral natron and is found dissolved in many mineral springs. It is also produced artificially. World wide production is on the scale of 100,000 ton/year. Sodium bicarbonate is primarily used in cooking (baking) where it reacts with other components to release carbon dioxide, that helps dough "rise." It is commonly used to increase the pH and total alkalinity of the water for pools and spas. Sodium bicarbonate can be

added as a simple solution for restoring the pH balance of water that has a high level of chlorine. It is sometimes used in septic tanks to control pH and bacteria. ***Sodium bicarbonate-rich mineral water in conjunction with a low-salt diet may have a beneficial effect on calcium homeostasis.*** Distilled water is not safe, it lacks bicarbonates and minerals and yes, it is acid forming to the body. Yet it is an excellent aid in detoxification and chelation for its purity pulls on toxicity's in the body. Part of the reason why our body is acid is that it lacks enough bicarbonate necessary to neutralize the acid. Whenever the water lacks the proper bicarbonates to neutralize the water in distilled water your body basically becomes a little more acid. But we can easily treat distilled or reverse osmosis water by adding bicarbonate and magnesium and perhaps even some sodium thiosulfate.

PH of the blood is the most important factor to determine the state of the microorganisms in the blood. The native chemical and physical properties of sodium bicarbonate account for its wide range of applications, including cleaning, deodorizing, buffering, and fire extinguishing. Sodium bicarbonate neutralizes odors chemically, rather than masking or absorbing them. Consequently, it is used in bath salts and deodorant body powders. Sodium bicarbonate tends to maintain a pH of 8.1 (7 is neutral) even when acids, which lower pH, or bases, which raise pH, are added to the solution. Its ability to tabletize makes it a good effervescent ingredient in antacids and denture cleaning products. Sodium bicarbonate is also found in some anti-plaque mouthwash products and toothpaste.

Sodium bicarbonate also is indicated in severe diarrhea which is often accompanied by a significant loss of bicarbonate. Vigorous bicarbonate therapy is required in any form of metabolic acidosis where a rapid increase in plasma total CO_2 content is crucial † e.g. cardiac arrest, circulatory insufficiency due to shock or severe dehydration, and in severe primary lactic acidosis or severe diabetic acidosis. Sodium Bicarbonate Injection, USP is administered by the intravenous route. In cardiac arrest, a rapid intravenous dose of one to two 50 mL vials (44.6 to 100 mEq) may be given initially and continued at a rate of 50 mL (44.6 to 50 mEq) every 5 to 10 minutes if necessary (as indicated by arterial pH and blood gas monitoring) to reverse the acidosis. Caution should be observed in emergencies where very rapid

infusion of large quantities of bicarbonate is indicated. Bicarbonate solutions are hypertonic and may produce an undesirable rise in plasma sodium concentration in the process of correcting the metabolic acidosis. In cardiac arrest, however, the risks from acidosis exceed those of hypernatremia. In the current system, if a promising compound can't be patented, it is highly unlikely ever to make it to market — no matter how well it performs in the laboratory or in emergency room situations. The hormone melatonin, sold as an inexpensive food supplement in the United States, has repeatedly been shown to slow the growth of various cancers when used in conjunction with conventional treatments. Most people today cringe at the idea of finding a cancer then slashing, burning and poisoning it to smithereens.

Most would agree that the mainstream cancer approach offers only marginal benefits at best, and providers push screening and aggressive treatment in part because they have nothing else to give, and also because it's very profitable. ***If the body's cellular metabolism and pH is balanced it is susceptible to little illness or disease.*** Though allopathic medicine already uses sodium bicarbonate it will not any day soon turn to its own arsenal of already available safe and inexpensive medications like sodium bicarbonate or magnesium chloride. The medical industrial complex seems unwilling to change its views on cancer so patients will need to quietly ask their doctors for intravenous bicarbonate without specifying it as a substance they want to use to cure their cancer.

It will be easier to find someone if one approaches with a need to treat acidic conditions than the actual cancer. Few doctors are willing to risk their licenses so it is better not to put them in an uncomfortable situation that they cannot control. ***The closer the pH is to 7.35 – 7.45, the higher our level of health and well being and our ability to resist states of disease.*** Sadly this does not address the need for the use of catheters which target tumors more directly thus pushing us toward a more complete protocol that will target cancer in a more general and comprehensive way. This needs to be done anyway because killing the tumor with a rush of alkalinity that provokes an oxygen rush into the cells will not prevent the condition from reoccurring. Though we can think that acidity is a basic cause of cancer a more basic cause is addressed when we look at what leads to the acidic conditions that

are so prevalent in our bodies today. *Sodium bicarbonate is an anti - fungin substance that is very diffusible and thus very effective.* Dr. Tullio Simoncini says, “It is useful to consider the extreme sensitivity of fungi to saline and electrolytic solutions. These solutions, because of their extreme capacity for diffusion, are able to reach all the myceliar biological expressions, including the most infinitesimal ones. Salts and bicarbonates, by making the “terrain” completely inorganic, eliminates the slightest organic fonts that fungi could use for nourishment. In this context, sodium bicarbonate, which is currently used in children’s oral candidiases, appears to be a simple and handy weapon capable of uprooting, inhibiting, or attenuating any neoplastic formation wherever it is possible to easily apply it.” *Cancer is actually a four - letter word — ACID, especially lactic acid as a waste product due to the low oxygen level and waste products of yeast and fungus.*

“Sodium bicarbonate therapy is harmless, fast and effective because it is extremely diffusible. A therapy with bicarbonate for cancer should be set up with strong dosage, continuously, and with pauseless cycles in a destruction work which should proceed from the beginning to the end without interruption for at least 7-8 days. In general a mass of 2-3-4 centimeters will begin to consistently regress from the third to the fourth day, and collapses from the fourth to the fifth.

The maximum limit of the dosage that can be administered in a session gravitates around 500 cc of sodium bicarbonate at five per cent solution, with the possibility of increasing or decreasing the dosage by 20 per cent in function of the body mass of the individual to be treated and in the presence of multiple localisations upon which to apportion a greater quantity of salts,” instructs Dr. Simoncini In the early stages of acidic pH in the body’s tissues, the warning symptoms are mild. These include such things as skin eruptions, headaches, allergies, colds, flu and sinus problems. These symptoms are frequently treated with antibiotic drugs and suppressive medications.

The longer and the deeper we become acidic the more our illness takes hold so it's best to fight acidic conditions early on and in every presenting clinical situation.

Certainly a highly toxic drug like anti viral Tamiflu won't do a fraction of the job sodium bicarbonate will do especially if it's combined with magnesium chloride and iodine as well as high levels of vitamin C. In late stages of acidic pH we need to turn to the most alkaline minerals to increase our throw weight of alkalinity into cancer cells. Mass spectrographic and isotope studies have shown that potassium, rubidium, and especially cesium are most efficiently taken up by cancer cells. This uptake was enhanced by Vitamins A and C as well as salts of zinc and selenium. The quantity of cesium taken up was sufficient to raise the cell to the 8 pH range. There seems little grace left in medicine and it is a disgrace that allopathic medicine does not even use its own emergency medicines, proven heavies like magnesium sulfate and chloride, sodium bicarbonate and iodine to anywhere near a thousandth of a percent of their real medical potentials.

Dr. Mark Sircus Ac, OMD

Director International Medical Veritas Association

High Dose IV Vitamin C Therapy

An Oasis of Healing Alternative Cancer Healing Center

(480) 834 - 5414

Owner / Dr. Thomas Lodi

*“ It is not often difficult to get rid of cancer.
The problem is keeping it gone”*

<http://www.anoasisofhealing.com/our-program/target-eliminate-cancer/intravenous-vitamin-c/>

Cancer cells, unlike healthy human cells are both defective and primitive. Not only are they unable to use oxygen to metabolize glucose into energy, they are either lacking or completely deficient in many enzymes that normal cells have in abundance. One such enzyme is “catalase,” which transforms oxygen and water into hydrogen peroxide, and vice versa. High doses of ascorbic acid (Vitamin C) result in the production of peroxides in and around cells. Healthy cells use the hydrogen peroxide for certain metabolic needs and the excess is converted into water and oxygen (good stuff). Since cancer cells have very little catalase, they are unable to convert the hydrogen peroxide into water and oxygen and consequently are oxidized and killed. So vitamin C is “good” for healthy cells and “bad” for cancer cells.

The National Institute of Health (NIH), the National Cancer Institute (NCI) and the Food and Drug Administration (FDA) have finally confirmed the research findings that Linus Pauling, PhD, Hugh Riordan, MD and many other scientists and physicians over the past few decades have conducted regarding the therapeutic utility of treating cancer with vitamin C. The NI study confirms in vitro, the hypotheses described by Riordan et al in “Intravenous Ascorbate as a Chemotherapeutic and Biologic Response Modifying Agent”: Tumor cells are more susceptible to the effects of high-dose, ascorbate-induced peroxidation products because of a relative catalase deficiency. Concentrations of ascorbate high enough to kill tumor cells can be achieved in humans.

Cancer Treatment with IV vitamin C

Recent clinical success

Tuesday, January 17, 2012 by: Ethan Evers

(NaturalNews) The use of IV (intravenous) vitamin C to treat cancer is growing in popularity around the world as positive research continues to accumulate and build a strong case for its effectiveness. The latest cohort study out of Germany is one more example, showing that IV vitamin C markedly improves the quality of life for breast cancer patients. Such positive results are likely the reason why many thousands of patients worldwide elect to be treated with this therapy every year.

IV Vitamin C for Cancer Treatment: Current Status

It is now well established that by injecting vitamin C we can safely reach concentrations at which ascorbate generates hydrogen peroxide (H_2O_2) in tissues, and it is the H_2O_2 that selectively kills cancer cells through oxidative stress. Laboratory studies have confirmed that high-dose vitamin C is cytotoxic to a wide variety of cancer cell lines, and that it also boosts the anti-cancer activity of several common chemotherapy drugs.

In animal models (rats), IV vitamin C has been shown to significantly decrease growth rates of liver, ovarian, pancreatic, and glioblastoma tumors with dosages easily achievable in humans. The science behind IV vitamin C as a cancer therapy is now so advanced that there are six clinical trials testing it (alone or with chemo drugs) in human patients against lymphoma and cancers of the colon, breast, uterus, cervix, prostate, pancreas and others.

IV Vitamin C Helps Cancer Patients: Clinical Evidence

Clinical trials have not yet shown IV vitamin C to shrink tumours, but that's no reason for an oncologist to reject this therapy. Improving quality of life is also an important goal of cancer treatment, and clinical experience shows IV vitamin C does exactly that. A prospective study from Korea (2007) showed that this therapy significantly improved quality of life for terminal cancer patients, bringing the global health/quality of life score from 36 to 55 and yielding improvements in physical, emotional, and cognitive functions. Disease symptom severity also decreased across the board, with patients showing significantly less fatigue, nausea/vomiting, pain, and appetite loss. These results were echoed in a study just completed in late 2011 in Germany, which compared breast cancer patients receiving IV vitamin C and standard therapy together, versus standard therapy alone. Those receiving IV vitamin C experienced a marked reduction (nearly 50%) in unpleasant symptoms and chemo/radiotherapy side effects such as loss of appetite, fatigue, depression, sleep disorders, dizziness and haemorrhagic diathesis.

The IV Vitamin C is More Widespread Than You Think

Experiences such as those above are bringing more patients to try IV vitamin C - as are high profile patients. For example, the celebrated New Zealand physicist Sir Paul Callaghan elected to treat his colon cancer with IV vitamin

C, and his CEA level (a colon cancer marker) started to decrease after only six infusions. This therapy is already widespread in New Zealand: 30 clinics provide it, administering about 10,000 vitamin C injections annually. In the US, a recent survey showed that over 8800 patients were treated with IV vitamin C in 2008, using a total of 355,000 dosage vials. But that was just for the health care practitioners taking part in the survey.

For the same year, manufacturers reported sales of 855,000 vials of vitamin C. This implies that as many as 21,000 patients received IV vitamin C therapy in 2008. Ongoing clinical trials using IV vitamin C to treat cancer won't complete until 2013 to 2014. But until then, clinical evidence already shows that this therapy can - at the very least - significantly improve cancer patients' quality of life. Oncologists should therefore strongly consider adding this therapy to their standard clinical practice. Many thousands of patients worldwide elect to be treated with this therapy every year.

http://www.naturalnews.com/034663_IV_vitamin_c_cancer_treatment.html

Green for Life to Prevent Cancer

Written by Victoria Boutenko / www.rawfamily.com

If you need a good blender visit www.vitamix.com or www.blendtec.com

BANANA / MANGO SMOOTHIE

Blend well: 2 Cups lambsquarters (plantain, chickweed or other weed) 1 banana / 2 cups water

BLUEBERRY SMOOTHIE

Blend well: 1 stalk of celery
2 cups fresh blueberries 1 banana
2 cups water

WATERMELON SMOOTHIE

Blend well: 8 leaves of Romaine lettuce 5 cups watermelon 1 cup water

ORANGE/GRAPE SMOOTHIE

Blend well: 8 leaves of Romaine lettuce 1 cup of red grapes
1 medium orange / 1 banana 2 cups water

APRICOT / BANANA SMOOTHIE

Blend well: 4 apricots / 1 banana
¼ cup blueberries 2 cups water

HONEYDEW SMOOTHIE

Blend well: 6 to 8 leaves of Romaine
6 to 8 leaves of green leaf 4 apricots / 1 banana
¼ cup blueberries 2 cups water
lettuce ½ medium honeydew / 2 cups water

ALOE / BANANA/MANGO SMOOTHIE

Blend well: 1 cup apple juice 1 banana / 1 mango
1 small piece of aloe 5 leaves of kale
2 cups water

MANGO-PARSLEY SMOOTHIE Blend well:

2 large mangos (peeled) 1 bunch parsley / 2 cups water

PEACH SMOOTHIE

Blend well: 6 peaches (without seed)
2 handfuls of spinach leaves 2 cups water

WEED-MANGO SMOOTHIE Blend well:

4 mangos (peeled) 1 handful of lambsquarters (or
other weed, like stinging nettles, purslane, etc.) / 2 cups water

STRAWBERRY SMOOTHIE Blend well:

1 cup strawberries 2 bananas
1/2 bunch romaine 2 cups water

KIWI SMOOTHIE

Blend well: 4 very ripe kiwis (green or
golden) / 2 cups of water 1 ripe banana
3 stalks of celery

RASPBERRY SMOOTHIE Blend well:

2 bosc pears 1 handful of raspberries
4-5 leaves of kale 2 cups water

***BANANA / APPLE
SMOOTHIE*** Blend well:

1/2 bunch spinach 4 apples (peeled)
1/2 whole lime with peel 1 banana
2 cups water

PEAR / MINT SMOOTHIE

Blend Well: 4 ripe pears
4-5 leaves of kale 1/2 bunch of mint/2 cups water

***FINGER-BANANA
SMOOTHIE*** Blend well:

10 finger-bananas 2 handfuls of spinach leaves
2 cups water

TOMATO / CILANTRO SMOOTHIE

Blend well: 2 1/2 cups spinach
1/2 bunch cilantro 1 clove garlic
1/2 red bell pepper 1/2 lime (juiced)
1 tsp stevia (1 green leaf) 3 tomatoes / 2 cups water

***CELERY-BASIL
SMOOTHIE*** Blend well:

6 leaves of red leaf lettuce 1/4 bunch of fresh basil
1/2 lime (juiced) 1/2 red onion
2 celery sticks 1/4 avocado / 2 cups water

***TOMATO / GARLIC
SMOOTHIE*** Blend Well:

5 kale leaves (green) 1/2 bunch of fresh dill
1/2 lime (juiced) 3 cloves garlic
1/4 cup sun dried tomatoes 2 cups water

***LEMON-JALEPENNO
SMOOTHIE*** Blend well:

1/2 lemon (juice) 4 tomatoes
2/3 bunch kale 1/2-inch jalapeno pepper
1 small clove garlic/2 cups water

***KALE / AVOCADO
SMOOTHIE*** Blend well:

5 leaves of kale (purple) 1/4 avocado/3 cloves garlic
juice of 1/2 lime / 2 cups water / 2 tomatoes

RASPBERRY SMOOTHIE

Blend well: 2 bosc pears
1 handful of raspberries 4-5 leaves of kale / 2 cups water

Some Thoughts for Meal Time

Ask every day blessings on your food you eat. Create an aura of sacredness around the act of food preparation. Provide yourself with all your nutritional need. Try to understand that we should eat food which is in harmony with the Universal Law “Thou shall not kill.” Eat the healthiest and the most nourishing foods available.

Try to understand why the vegetarian diet is necessary for our spiritual growth. Focus with love and gratitude upon the Gifts of food that is available. Be grateful for these gifts of love which have been lovingly provided for your nourishment, which is a symbol of abundance. Respect and give thanks to these foods for their energy and generosity.

Know that the food is a gift of life. Be filled with gratitude for the opportunity to merge with your food's vibrational essence. Trust that it will provide you with good health and well being. Recognize that everything is an expression of the Divine Love. Express gratitude for all our nourishment, which is constantly provided by the Divine Love.

Is Lemon a Cancer Killer that is ... Stronger than Chemotherapy?

"This message purporting to be from the Institute of Health Sciences in Baltimore claims that lemon is a "miraculous product" that can kill cancer cells, is ... stronger than chemotherapy, and is "a proven remedy against cancers of all types".

This widely circulated message, which purports to be from the Institute of Health Sciences in Baltimore, details the "surprising benefits of lemon" as a cancer fighting agent.

The message claims that lemon kills cancer cells and is ... stronger than chemotherapy. It further claims that lemon is a remedy for all types of cancer.

Institute of Health Sciences, 819 N. L.L.C. Charles Str. Baltimore , MD 1201

This is the latest in medicine, effective for cancer!

Read carefully & you be the judge.

Lemon (Citrus) is a miraculous product to kill cancer cells. It is 10,000 times stronger than chemotherapy.

The Benefit of Lemon!

Why do we not know about that? Because there are laboratories interested in making a synthetic version that will bring them huge profits. You can now help a friend in need by letting him/her know that lemon juice is beneficial in preventing the disease. Its taste is pleasant and it does not produce the horrific effects of chemotherapy. How many people will die while this closely guarded secret is kept, so as not to jeopardize the beneficial multimillionaires large corporations? As you know, the lemon tree is known for its varieties of lemons and limes.

You can eat the fruit in different ways: you can eat the pulp, juice press, prepare drinks, sorbets, pastries, etc... It is credited with many virtues, but the most interesting is the effect it produces on cysts and tumors. This plant is a proven remedy against cancers of all types. Some say it is very useful in all variants of cancer. It is considered also as an anti microbial spectrum against bacterial infections and fungi, effective against internal parasites and worms, it regulates blood pressure which is too high and an antidepressant, combats stress and nervous disorders.

The source of this information is fascinating: it comes from one of the largest drug manufacturers in the world, says that after more than 20 laboratory tests since 1970, the extracts revealed that: It destroys the malignant cells in 12 cancers, including colon, breast, prostate, lung and pancreas ... The compounds of this tree showed that many times better than the product Adriamycin, a drug normally used chemotherapeutic in the world, slowing the growth of cancer cells. And what is even more astonishing: this type of therapy with lemon extract only destroys malignant cancer cells and it does not affect healthy cells. / *Institute of Health Sciences, 819 N. L.L.C. Charles St. Baltimore , MD 1201*

*A number of studies have indicated that compounds found in citrus (including lemon) may be effective as anti-cancer agents, at least for certain types of cancer.
A December 2004 Science Daily article reports:*

Research by Texas Agriculture Experiment Station scientists has shown that

citrus compounds called limonoids targeted and stopped neuroblastoma cells in the lab. They now hope to learn the reasons for the stop-action behavior and eventually try the citrus concoction in humans. Harris explained that flavonoids and limonoids – nutrient-packed pigments that give color and taste to fruit – may work against cancer in any of three ways: prevent it from forming, slow the growth of existing cancer, or kill cancer cells.

"The limonoids, which differ structurally from flavonoids, seem to do all three," he said of tests in his lab by one of Patil's graduate students, Shibu Poulose, who worked in Harris' College Station lab. Their work emphasized the compounds' ability to kill existing the neuroblastoma cells with the rationale that if the method and time limonoids take to obliterate the cancer could be found, perhaps scientists could exploit it to help cure the disease.

A May 2000 report about the potential of citrus limonoids as anticancer agents explains:

The experimental results describe above indicate that citrus limonoids may provide substantial anticancer actions. The compounds have been shown to be free of toxic effects in animal models so potential exists for use of limonoids against human cancer in either the natural fruit, in citrus fortified with limonoids, or in purified forms of specific limonoids . Although the initial studies are very promising , they have been conducted primarily with invitrocell culture and animal models.

Thus, research is needed to determine whether the limonoids may be useful in preventing or treating cancer in humans. And a report on the medicinal use of citrus published on the University of Florida EDIS website notes: Citrus flavonoids have potential antioxidant (prevents aging), anti-cancer, antiviral, anti-inflammatory activities, effects on capillarity, and cholesterol-lowering ability. The principal carotenoids in pink grapefruit are lycopene and beta-carotene.

Lycopene-containing fruits and vegetables have been shown to contribute to a significant reduction in prostate and mammary cancer risk. Recent studies have further shown that limonoids inhibit the development of cancer in laboratory animals and in human breast cancer cells as well as reducing cholesterol. Researchers have also suggested that, if ingested, limonoids may not be absorbed in the large intestine, and therefore could be distributed

throughout the body, with beneficial effects. So, in short, scientific studies indicate compounds in citrus, especially in lemon, have real potential as anti-cancer agents.



HOW TO APPLY THE LEMON:

*Squeeze 6 lemon, dilute it with water and drink it on an empty stomach.
Repeat it 3 times a day. "A cell that has not been starved of oxygen
and has pH balance cannot become infected with cancer!"*

Professor Otto Warburg

Cancer Can Be Cured! But Chemo Kills

<http://wisdomquarterly.blogspot.com/2011/09/cancer-can-be-cured-chemo-is-lie.html>

http://www.youtube.com/watch?v=xi1QrgPAnvI&feature=player_embedded

Almost no one dies from cancer anymore; chemotherapy kills us. Of course, doing nothing other than those customary things that created the condition will eventually kill. But that is not what most are dying from. Cancer takes years to develop (usually seven before there was a visible tumor, which is in fact the body's attempt to save the organism's life by storing away the toxins that would otherwise kill a person). The American Cancer Society, our government, Big Pharma (the pharmaceutical-industrial complex including profit-based researchers) are all guilty of withholding the truth of cures.

What is the secret? First, the worst secret is that the Cancer Industry is not interested in curing patients. Their rate of recovery (not due to their interventions) is 2 percent. Others, like Dr. Coldwell, have a better than 92 percent rate -- according to the Institute for Statistical Medicine in Europe.

The Cancer Industry does not even offer a "cure"

<http://www.youtube.com/watch?v=wwzDHGLEUyw&wide=1>

The Cancer Industry does not even offer a "cure." That is illegal to offer. They offer "treatments," deadly carcinogenic toxins, carcinogenic ionizing radiation, deadly invasive therapies. It is money-making insanity. Doctors are wonderful people. But they have an average life span of 56, according to Dr. Leonard Coldwell. They have a suicide rate second only to psychiatrists/therapists, he added. Why? It is because they realize they are not healing as they originally wished to do when they entered the field.

Corporations make money by providing us cheap, toxic food and habits (fast food, fried food, denatured food, sugar, toxic food, acidifying food and body care products, worry, fear, coffee, sadness, guilt, alcohol, anger, stress...) Then we compound the problem by living in ignorance and fear, far removed from knowing anything about our bodies, our pasts, our possibilities.

Second, an alkalizing diet would go a long way to mitigating the damage being done. Breathe deeply from the belly. Eat only natural (untreated) sea salt or pink Himalayan salt. Use bases like pure baking soda (free of aluminum). Avoid fermented, moldy, yeasty (which contributes to candida), addictive starches (like bread which also has gluten and sugar hazards), fungal things.

Eat greens, leaves, fruits, raw/soaked nuts, beans, Quinoa, Amaranth, sprouts of all kinds, green juices, superfoods (spirulina, chlorella, blueberries, hemp oil, hemp seeds, not-too-sweet fruits, berries of all kinds. The third secret sounds simple but seems impossible for us: Be happy whatever you do, just simple be happy. Do it if you want to do it (whatever it is), but be happy doing it. If you can't, then change to something you can be happy about.

There is no way to happiness; happiness is the way! The goal is the proper PH, and a higher PH while healing. Drink a gallon of water a day with a little Himalayan salt. Learn serenity meditation. Nothing is worth worrying about. It may be worth doing something about, but not worrying. All cancers are curable. Education -- not funded by the Cancer Industry -- is fundamental. Wait until you are dying and the doctors have given up -- then try a cure that works because there will be nothing to lose. Or trust and do it sooner. You are never too old or too young to live well.

Cancer - The Forbidden Cures

The Story of Harry Hoxsey and More

<http://www.youtube.com/watch?v=gWLrfNJICeM>

VIDEO: Harry Hoxsey arrested for healing cancer

http://www.youtube.com/watch?v=Na_ZOnWqWeI&feature=player_embedded

Advice and Care

www.DrColdwellOpinion.TV

Dr. Coldwell: instinctbasedmedicine@gmail.com (ask for free protocols)

www.InstinctBasedMedicine.com

Dr. Leonard Coldwell, along with the most inspiring leaders of our time, reveal their personal secrets to success, their most inspiring ideas, their deepest life philosophy and wisdom, their most effective healthy practices, along with powerful solutions for humanity. The time is NOW offers viable future possibilities that can shift the destiny of our civilization on every level -- our individual lives, families, businesses, communities, nations, and world[s].

MANY cures exist: <http://www.cancercontrolsociety.com/>

Cancer Control Society / 2043 N. Berendo St. / Los Angeles, CA 90027

Sodium Dichloroacetate DCA

Cure for Cancer ?

http://www.youtube.com/watch?v=IDE7NhDj5Gg&feature=player_embedded#!

<http://www.youtube.com/watch?v=gZAf4nJBpa0> / www.Puredca.com

Recent Medical Research at a Canadian University has confirmed that scientists do understand the cause of cancer. The dying off of old cells to be replaced by new cells is a normal part of our cellular lifecycle and keeps us well. It seems that in cancerous cells, our body has forgotten how to tell the aged cells how to die off and be replaced by healthy new cells. This process is governed by the mitochondria and is known as “cell death” or “apoptosis”. In a cancer cell, the mitochondria has lost the ability to direct the cell to die off – the sick cell becomes “immortal”, spreading and making the person increasingly unwell.

Recent Medical trials using Pure DCA have proven this compound can reactivate the mitochondria restoring the cell’s original function of “apoptosis” enabling shrinkage in tumor size and mass. Testimonials have shown reversal in illness, remission, clean health tests, increased health and vitality. Favourable results (scientifically measurable) have been accomplished within days (less than a week) of starting treatment with Pure DCA. “Dr. Evangelos Michelakis, a professor at the U of A Department of Medicine, has shown that dichloroacetate (DCA) causes regression in several cancers, including lung, breast, and brain tumors.”

Healing Cancer in 3 Minutes

Gregg Braden explains how the energy field of human emotions can manifest "miracles", whether it is healing or creating peace, when you apply conscious positive focus on what you want. As an example he talks about a woman who had a 3" diameter bladder cancer who, by western medical standards, had been diagnosed as inoperable. She went, as a last resort, to a medicine-less hospital in Beijing, where they began simply by addressing the life-affirming ways that she could change how she was living her life, they taught her life-

affirming ways to breathe and life-affirming ways to nourish her body, gentle movements to stimulate the energy centres in her body. She then underwent a procedure to remove it. Using a split-screen ultrasound monitor, the first showing a freeze-frame of her tumour, and the second showing real-time activity, three practitioners used energy work to facilitate the healing, which showed the tumour disappear within three minutes.

<https://www.youtube.com/watch?v=PZpRP1FV0IE>

<https://www.youtube.com/watch?v=ufVjdvRw4LM>

English & Hungarian

<https://www.youtube.com/watch?v=-LYDbmdXC9Q>

<https://www.youtube.com/watch?v=QSq08usoZRM>

Bio-Medical Center (Hoxsey Clinic)

http://www.cancure.org/hoxsey_clinic.htm

A non-profit organization providing information on alternative/integrative therapies, including referrals, since 1976.

Since 1963, this clinic has provided Hoxsey therapy. It was one of the first alternative cancer facilities in Mexico. Mildred Nelson, who was Harry Hoxsey's chief nurse at the Hoxsey Clinic in Dallas until he left clinical practice, carried on the therapy in Mexico until her death in 1999. Her sister now runs the clinic. The clinic was closed for 6 weeks around March 2000 by Mexican medical authorities, but it was allowed to reopen.

They are being monitored by local health department officials. It is not as expensive as many therapies - it costs only \$3500 for the therapy no matter how long it takes, with 30% due at the first appointment. In addition to the Hoxsey treatment, comprised of a liquid elixir containing a mixture of herbs and several topical salves, the clinic may also use other supplements, diet, nutrition, and chelation therapy. They treat most types of malignancies, but it

is said to be especially effective with skin cancer (including melanoma), breast cancer, and has been successful with some recurrent cancers and even with patients who've had radiation and/or chemotherapy. Often what people will do is combine Hoxsey treatment with other approaches, like laetrile.

Bio-Medical Center:

615 General Ferreira, Colonia Juarez / Tijuana, B.C. Mexico.

P.O. Box 433654 / San Isidro, CA 92143-3654 / Tel: 011-52-664-684-90-11

The information on this page is provided by The Cancer Cure Foundation based on information we have received from a variety of sources, including the clinic itself, feedback from people who have gone to the clinic, and in some cases from clinic tours. The listing of a doctor or clinic here does not signify an endorsement by the Cancer Cure Foundation, unless we have indicated it.

Rick Simpson's Hemp Oil Medicine:

Natural Cure For Cancer Using Concentrated Cannabis Oil

There is a growing body of research to indicate that cannabinoids such as delta-9-tetrahydrocannabinol (THC) may have therapeutic potential for helping to treat specific cancers.

There is also research to support the appetite-stimulatory effect of certain cannabinoids, & Dronabinol & Nabilone are both FDA approved antiemetics for cancer chemotherapy.



***Rick Simpson**, who has dedicated his life to helping suffering patients (with all types of diseases and disabilities) with the use of natural hemp oil.*

Rick Simpson's Hemp Oil Proves Effective In Curing Cancer

Rick Simpson is a medical marijuana activist who has been providing people with information about the healing powers of Hemp Oil medications for nearly a decade now. Rick cured himself of a metastatic skin cancer back in 2003, and has since then devoted his life to spreading the truth of hemp oil. He has met an absurd amount of opposition and lack of support from Canadian authorities, as well as pharmaceutical companies, government agencies for health, and UN offices.

Despite that fact, **Rick Simpson has successfully treated over 5,000 patients** (free of charge), and believes that all forms of disease and

conditions are treatable. He states that it is common to have all types of cancer and diseases cured with the use of high quality hemp oil as a treatment.

Rick has treated patients with all types of conditions including, but not limited to, cancer, AIDS, arthritis, multiple sclerosis, diabetes, leukemia, Crohn's disease, depression, osteoporosis, psoriasis, insomnia, glaucoma, asthma, burns, migraines, regulation of body weight, chronic pain, and mutated cells (polyps, warts, tumors).

“Run From The Cure” Official Video Documentary

This documentary “Run From The Cure” was made by Christian Laurette in 2008 and shares Rick Simpson's story. The movie features interviews with people who were cured by Rick's oil, but were refused from testifying on Rick's behalf in the Supreme Court of Canada in his 2007 trial. This video documentary does a great job explaining the medicinal benefits of hash oil.

http://www.youtube.com/watch?v=0psJhQHk_GI

<http://www.youtube.com/watch?v=zD2U4eDBu8A>

http://www.youtube.com/watch?v=Xh2qd_foV-4

<http://www.youtube.com/watch?v=mXvHatrFNGw>

<http://www.youtube.com/watch?v=XDCGo56998g> / *Hungarian*

“I want people to know how to heal themselves.” - Rick Simpson

Rick Simpson believes that the oral ingestion of hemp oil seeks out, and destroys cancer cells in the body. When used as a topical, hemp oil can control or even cure various skin conditions such as melanomas. However, as with any ‘drug’, too much hemp oil may cause some side effects; the most notable three are hungry, happy, and sleepy. This is an extremely safe medication compared to the hundreds of drugs that are approved with little to no study, and provided to patients that experience horrible side effects including death. Nobody has *ever* died from cannabis in any form.

At The Dawn Of A New Age In Medicine

Rick Simpson states that hemp oil rejuvenates vital organs, and that it is not uncommon for people to report the oil making them feel 20 to 30 years younger a short while after beginning treatment. In a message from Rick **on his website**, /. <http://www.phoenixtears.ca/> /he proclaims, “Once the public becomes aware of the fact that properly made hemp medicine can cure or control practically any medical condition, who is going to stand up against the use of hemp?”

“We are at the dawn of a new age in medicine and a new day for mankind. Not only can hemp save the world, it can eliminate a great deal of human suffering and can even put an end to starvation. What are we waiting for?” – Rick Simpson

<http://www.medicaljane.com/2013/01/26/rick-simpsons-hemp-oil-medicine-natural-cure-for-cancer-using-concentrated-cannabis-oil/>

Alternative Websites

Cancer & Diabetes / www.anoasisofhealing.com / www.gerson.org

<http://youtu.be/pfc2dfjVWZM> / www.treeoflife.nu

Gluten Sensitivity / www.enterolab.com

Thyroid Help / www.drritamarie.com

For Asthma / www.watercure.com

A Way of Life / www.solarhealing.com / www.jasmuheen.com

Aspartame / www.holisticmed.com

Vaccination Information / www.drcarley.com / www.drtenpenny.com

Epidemic Information / www.recombinomics.com

Shocking Info on Milk & Soy

www.notmilk.com / www.campaignfortruth.com/Eclub/220903/soy.htm

Raw Food Information

www.foodnsport.com www.rawfamily.com www.naturalnews.com

www.livingnutrition.com www.livegourmet.com

www.fredericpatenaude.com www.beautifulonraw.com

Vegetarianism / www.afa-online.org / www.goveg.com

Interviews / Etc.

www.projectcamelot.org / www.davidicke.com

Misc. www.iceagenow.com

Radio www.gcnlive.com

[Science /www w.jmccanneyscience.com](http://www.jmccanneyscience.com)

Archeology

www.slavespecies.com / www.sitchin.com / www.grahamhancock.com

www.mcremo.com / "Forbidden Archeology

www.enterprisemission.com

www.bibliotecapleyades.net/esp_sumer_annunaki.htm / www.lloydpye.com

<http://ancientmystery.info/>

<http://www.mycuriousbrain.com/?p=17>

Appendix

<http://www.youtube.com/watch?v=lZZCLlX05PQ#t=28>

*Nobel Peace Prize Winner Dr. Otto Heinrich Warburg:
The Cause Of Cancer*

“There Is No Disease Whose Prime Cause Is Better Known...”

It is from a historical account, that we can glean the well-known, oft-quoted statement by Dr. Otto Warburg which begins:

*“But **nobody** today can say that one does not know what cancer and its prime cause [may] be.”*



Dr Otto Heinrich Warburg In Berlin Laboratory

[Dr Otto Heinrich Warburg](#) from a lecture delivered by Otto personally at the 1966 annual meeting of Nobelists at Lindau, Germany:

“...nobody today can say that one does not know what cancer and its prime cause [may] be. On the contrary, there is no disease whose prime cause is better known, so that today ignorance is no longer an excuse that one cannot do more about prevention.”

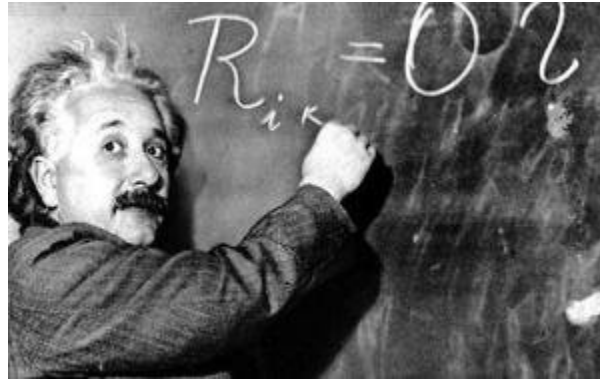
Nobel Peace Prize Winner Dr Otto Heinrich Warburg was born October 8, 1883 son of noted physicist Emil Warburg. He was an MD and a German physiologist.

Warburg was considered and had the honour of being known as one of the twentieth century’s leading biochemists.

That is no ‘mean feat.’

‘Otto’s father Emil Warburg, was a distant relative of the Warburg family of Altona who had converted to Christianity. Otto’s mother was the daughter of a Protestant family. Otto served as an officer in the elite calvary during WW1 earning the Iron Cross.

Notably, as WW1 was coming to an inevitable close Emil's (Otto's father's) friend Albert Einstein wrote to Otto beseeching him to quit the army and return to academic studies citing that the world should not lose his great talents.



Albert Einstein, Friend to Dr Otto Warburg

In 1918 Otto became Professor at the Kaiser Wilhelm Institute for Biology in Berlin-Dahlem. By 1931 he was named Director of the Kaiser Wilhelm Institute for Cell Physiology. Otto examined the metabolism of tumors and the respiration of cells, particularly cancer cells, and in 1931 was awarded the Nobel Prize in Physiology or Medicine for his “discovery of the nature and mode of action of the respiratory enzyme.”

Second Nobel Peace Prize Nomination

By 1944, Otto was nominated again for the Nobel Prize in Physiology or Medicine. For his work on nicotinamide: the means and enzymes involved in fermentation, and the discovery of flavine. Otto was reportedly ***prevented from receiving the award thwarted by Adolf Hitler*** whom decreed in 1937 that Germans were forbidden from accepting Nobel Prizes. This is argued against by the Nobel Foundation.

In 1924, Warburg put forward that cancer and the growth of tumours

are caused by the generating of energy ***by the non-oxidative breakdown of sugar/glucose*** — this is known as a process called glycolysis. This is in contrast to “healthy” cells which mainly generate energy from oxidative breakdown of pyruvate. Pyruvate is an end-product of glycolysis, and is oxidized within the mitochondria. Hence and according to Warburg, cancer should be interpreted as a [mitochondrial dysfunction](#).

“Summarized in a few words, the prime cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar.” Dr. Otto H. Warburg in Lecture

While Warburg continued to develop this outlook experimentally, holding several prominent lectures outlining the data, Otto proposed that some cancer cells switch over to a route which is oxygen-free called the glycolytic pathway. Interestingly, the cancer cells continue to use this conduit even when access to oxygen is restored. Though Warburg’s proposal has since been confirmed, the role played by glycolysis in cancer has been largely ignored.



The Nobel Peace Prize

The best modern summary of Warburg’s landmark work, may be found medically documented in the book, “The Hidden Story of Cancer,” by Brian Scott Peskin, BSEE-MIT. In the preface to the Second Revised German Edition of the Lindau Lecture: “The Way To The Prevention Of Cancer” Otto conjectures:

The Way to the prevention of Cancer

“A list of selected active groups of respiratory enzymes will soon be published, to which we recently added cytohematin and d-amino-Levulinic acid, the precursor of oxygen-transferring hemins. In the meantime commercial vitamin preparations may be used that contain, besides other substances, many active groups of the respiratory enzymes. Most of these may be added to the food. Cytohematin and vitamin B12 may be given subcutaneously.” (A synonym of “active group” is “prosthetic” group of an enzyme.)

He adds later in another address on the “Preface to the First Edition” – the Prevention of Endogenous Cancer at Wiesenhof, August 1966:

“To prevent cancer it is therefore proposed first to keep the speed of the blood stream so high that the venous blood still contains sufficient oxygen; second, to keep high the concentration of hemoglobin in the blood; third to add always to the food, even of healthy people, the active groups of the respiratory enzymes; and to increase the doses of these groups, if a precancerous state has already developed.

If at the same time exogenous carcinogens are excluded rigorously, then most cancers may be prevented today.”

For more on developing a personal strategy for overcoming cancer, read the post entitled [Cancer Treatments – The Power Of A Personal Strategy Part One](#)

“These proposals are in no way utopian. On the contrary, they may be realized by everybody, everywhere, at any hour. Unlike the prevention of many other diseases the prevention of cancer requires no government help, and no extra money.”

The following is taken from a revised Lindau lecture: The Prime Cause and Prevention of Cancer by Otto Warburg, Director, Max Planck Institute for Cell Physiology, Berlin-Dahlem, Germany

adapted from a lecture delivered by Otto himself at the 1966 annual meeting of Nobelists at Lindau, Germany.

“...for cancer, there is only one prime cause. Summarized in a few words, ***the prime cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar.*** All normal body cells meet their energy needs by respiration of oxygen, whereas cancer cells meet their energy needs in great part by fermentation.

All normal body cells are thus obligate aerobes, whereas all cancer cells are partial anaerobes. From the standpoint of the physics and chemistry of life this difference between normal and cancer cells is so great that one can scarcely picture a greater difference. Oxygen gas, the donor of energy in plants and animals is dethroned in the cancer cells and replaced by an energy yielding reaction of the lowest living forms, namely, a fermentation of glucose.

It is noted that Otto Warburg's main interests were Chemistry and Physics of Life. In both fields no scientist has been more successful.

For more information on Otto Warburg's work, visit [Healing Cancer Naturally \(cancer cause and prevention\)](#)

Otto Warburg concludes his lecture with this:

“Why then does it happen that in spite of all this so little is done towards the prevention of cancer? The answer has always been that one does not know what cancer or the prime cause of cancer [might] be, and that one cannot prevent something that is not known.”

“But nobody today can say that one does not know what cancer and its prime cause [may] be. On the contrary, there is no disease whose prime cause is better known, so that today ignorance is no longer an excuse that one cannot do more about prevention. That prevention of cancer will come there is no doubt, for man wishes to survive.”

Inhibiting the Application of Scientific Knowledge?

Warburg goes on: *“But how long prevention will be avoided depends on how long the prophets of agnosticism will succeed in inhibiting the application of scientific knowledge in the cancer field. In the meantime, millions of men must die of cancer unnecessarily.”*

UPDATE: The December 2008 Journal of Lipid Research coauthored by Boston College Biology Professor Thomas Seyfried produces new interest among scientists in the work of German physician and biochemist Otto Warburg, who won the Nobel Prize in 1931. Interestingly, Professor Seyfried says in effect that current explanations of the cause of cancer are deficient, which is why the discoveries of Dr. Otto Warburg do not fade away into obscurity, today.

<http://www.youtube.com/watch?v=lZZCLlX05PQ#t=28>

Amazing Herb Kills 98% of Cancer Cells in Just 16 Hours

Taking in consideration it is one of the deadliest diseases, scientists constantly try to find a cure and finally put an end to cancer. This herb is one of those cures and it can kill up to 98% of cancer cells in just 16 hours.

Namely, according to the researches published in “Life Science”, artemisinin, a “Sweet wormwood” or “*Artemisia Annua*” derivative, was used in Chinese medicine and it can kill 98% of lung cancer cells in less than 16 hours.



The herb used by itself reduces lung cancer cells up to 28%, but in combination with iron, “*Artemisia Annua*” successfully and completely “erases” cancer, and in the experiment this herb had no impact on healthy lung cells. Artemisinin in past was used as a powerful antimalarial remedy, but now it is proven that this cure is also effective in the fight against cancer. When scientists added iron while conducting the study, which later attached to lung tissue, especially to cancer infected cells, artemisinin selectively attacked “bad” cells, and left “good” cells untouched.

“In general, our results show that artemisinin stops ‘E2F1’ transcription factor and intervenes in destruction of lung cancer cells, meaning it presents a transcription way according to which artemisinin controls reproductive cancer cell growth”, was stated in

the conclusion of the researches conducted in the cancer laboratory at the University of California.



Iron deposits in cancer cells with special receptors which help in cell division. Normal cells also have these receptors, but cancer cells have them in larger amounts and according to this, cancer cells can be target combination of iron and artemisinin.

There are numerous experiments conducted so far and they all prove that in combination with iron, artemisinin can effectively destroy cancer, and this extract was used in China for thousands of years, as a cure for malaria. Malaria parasite can not survive in the presence of artemisinin, because it is rich in iron, and bio-engineers Henry Lai and Narendra Singh from the University of Washington were the first scientists to discover this.

<http://www.youtube.com/watch?v= Or8xLOGBu8>

Their research proved that cancer cells undergo an apoptosis, or self-destruction, and until this moment it was difficult to get the extract for more acceptable prices, but people show more and more interest

in this herb, so the prices could get lower. French medicine producer, “Sanofi”, announced that they expect production of 50 to 60 tones artemisinin every year, hoping that it will satisfy the needs of the world market.



John of God

The Miracle Man of Brazil



“For those who believe, no words are necessary. For those who do not believe, no words are possible.”

Inácio de L.

For nearly 30 years, millions have visited the tiny village of Abadiania in remote, central Brazil to see a man some call the most powerful spiritual healer since Jesus. His healing is FREE of charge. "Primetime" ABC news followed the journeys of five people who sought out the man known as "João de Deus" -- "John of God" -- and took a closer look at the amazing claims that surround him.

ABC news visited Matthew Ireland, of Guilford, Vt. who was told he had a quick-growing inoperable brain tumor. He had undergone radiation and chemotherapy treatments. But almost two years after he was diagnosed, and after three visits with João, his tumor has shrunk.

Annabel Sclipa of Boulder, Colo., has not been able to walk since her spinal cord was nearly severed in a car crash in 1988. But after six visits with João, she says she can now feel sensation in her legs and can nearly balance herself standing between handrails -- something her physiotherapist said was unusual with her type of injury.

Mary Hendrickson of Seattle was diagnosed with chronic fatigue syndrome and powerfully debilitating allergies. She now feels much more energetic. "There is no way I would feel this way if something hadn't changed inside me," she told "Primetime Live." "Something's made a difference.

In a small pamphlet available at the Casa John of God says, "In 1978 I established the Casa de Dom Inacio upon this blessed land of Abadiania, the sacred ground where God placed me to fulfill my mission. ***I do not heal anyone. The one who heals is God, who in His infinite goodness allows the Entities to use me as a tool, providing healing and consolation to my brothers and sisters. I am truly only an instrument in His divine hands.***

Having been a gem miner, I have learned that in order for a precious stone to show its true beauty, it must first suffer the process of refinement. Likewise, each child, a rare diamond of creation, must be polished in order to realize their superior destination. Great suffering is generated as a consequence of the world going through great transformation. In the midst of this, the ability to sustain our lives and strengths must reside in our trust in the Supreme Being who is God. The words of Christ in the Gospel of John, 'This is my commandment: Love one another as I have loved you'."

In another pamphlet given out at the Casa John of God states humbly, "*I am just a man. I do not cure anyone; it is God who cures. I am just the vessel.*" Since 1958 John of God has devoted his life to being available for benevolent Entities of light to work through, in the name of God. His dedication to helping heal people from all over the world is incredibly inspiring and a gift beyond measure. He has also expressed his intention to contribute to the evolution of health care throughout the world, so that it includes spiritual aspects of healing.

Born June 24, 1942, he displayed remarkable clairvoyant abilities even as a young child. He predicted many events and outcomes before they were reported in the news. At age nine he saved his life and that of his mother, when he foresaw a devastating storm with flooding that was about to occur, despite cloudless blue skies. At age 16 (1958) he devoted his life to spirit incorporation for the purpose of healing the sick. He had traveled to the town of Campo Grande and started work as a tailor, but that job ended the first day.

He felt filled with despair as he faced the continuing reality of hunger and poverty. Noticing a creek, he decided to go for a cleansing swim and while in the water he heard a voice call his name. He was amazed to see a beautiful, fair-haired woman standing next to a tree. He sat with her and they spoke for hours. That night he realized she was Saint Rita of Cassia, to whom he had felt devotion all his life. He returned to the same spot the following morning hoping to speak with her further.

A beam of light appeared in the place where she had stood the day before and her voice emerged from the light. She told him to go to the nearby Spiritist Center of Christ the Redeemer where others were expecting him. When he arrived at the center people invited him in and told him they had been waiting for him. He then lost consciousness for three hours. When he awoke he attributed it to lack of eating. To his great surprise he learned he had not simply passed out.

He had incorporated the spirit of King Solomon and healed many people and performed amazing operations. He initially thought this had to be a mistake, but after eating he listened to the many witnesses of the healing miracles he had performed. He was finally left with no doubt that he had been the medium for extraordinary healing from the spiritual plane. He stayed in Campo Grande for three months healing the sick at the Spiritist center and learning more about Spiritist philosophy. At this time he accepted the responsibilities of this calling for the rest of his life.

Everyone is welcome at the Casa – all cultures, races, and religious traditions and people of any age, from octogenarians to babies.

John of God is able to help heal so many people each session because he does not work alone. In addition to the Entities who incorporate in him, there are thousands of spiritual light beings working in the Casa with him who provide assistance and attend to people. John of God's patients typically stay at Abadiania for two weeks, but they can stay for as long as they want.

They can stay for an afternoon or morning and leave if they want to. Some people even arrive via bus on day trips. Everyone is told not to stop taking their medications or treatments such as chemotherapy. After seeing John of God, there are some strict rules: for 40 days, no sex, alcohol, pork, meat or pepper etc, which are all said to weaken the body's aura, or energy field.

A journey to visit John of God in Abadiânia, Brazil is one that you will not soon forget. It is a spiritual journey that will forever alter who you are. This website is here to facilitate the journey for people wanting to visit John of God at the Casa in Brazil.

www.casajourney.com

<http://www.youtube.com/watch?v=oh0TndMx7Ko>

Movie / English & Hungarian

<http://vimeo.com/40743514>

<http://vimeo.com/24081560>

<http://www.youtube.com/watch?v=D2D5soOjapg>

<http://www.youtube.com/watch?v=6sbWpka43hI>

<http://www.jhnofgod-healing.com/>

<http://www.youtube.com/watch?v=4JDIrSz3SUY>